

GREATER OMAHA ASSOCIATION
FOR RETARDED CHILDREN, INC.

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the GOARC GAZETTE



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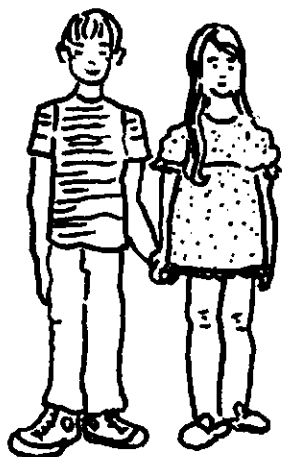
346-6338

Vol. 3 No. 1

January 1970

SARPY COUNTY DEVELOPMENTAL CENTER

Fran Gillespie - Director



A happy grin, a loud "Hi!", the thump of a brace--school is beginning at the Center. The children enter gladly--no last minute tummy ache or muttered excuse for them. School is fun!

Shapes, words, colors, group play, mat work, and many other varied activities fill their morning. Music is one of the newest additions. BETTY CASH visited us recently and her creativity and talent with music were enjoyed immensely by both the children and the teachers. Mrs. CASH's girl scout troop volunteered to help by decorating the Center for Christmas. Our ten indispensable volunteers were the guests at a coffee in their honor given by PAULA LITTLE on December 16th.

The parents of our children have also been busy selling kitchenware. The profits from this successful venture will go to the Center. Several local Jaycee groups have pledged their proceeds from Honey Sunday and the C.H.A.P. Mother's Club is making a donation for much needed physical therapy equipment. We greatly appreciate the help of these groups.

With our program expanding and the needs of the children changing constantly, we rely so heavily on the help from our many friends in this area, including service organizations, business groups, and the military.

NORTH CENTRAL REGIONAL CONFERENCE

James L. Keyes
Vice President
North Central Region

The North Central Regional Conference will be held on February 26th, 27th, and 28th, 1970.

I am pleased to announce that our host unit will be Aid to Retarded Children, Inc. of Springfield, Illinois. This organization is one of the early pioneering groups in the mental retardation movement in Illinois. They have extended a very warm and hearty invitation to all of us in the North Central Region. I have met several times with this splendid group and they are well along in their plans for our conference.

I know our 1970 Conference will be an outstanding one and ask that you set aside the meeting dates now on your calendars.

SPECIAL SERVICES

Ruby Huebner

"The Youth Club" is a group of graduates of Westside High School's special work-study program which organized last year. The young people are all working but felt a desire to get together and share their experiences on their various jobs and spend a social hour occasionally. The officers of the group are:

Duane Slunicko, President	Kathy Wilson, Vice President
Pam Meller, Treasurer	Cindy Bukacek, Secretary
Sandy Daniels, Program Chairman	Dianne McKinney, Chairman, Calling Committee
Mrs. Ruby Huebner, Sponsor	Mrs. Jane Rankin, Sponsor

They have had a variety of programs such as Civil Air Patrol; a florist gave a demonstration, travelogues; private dance instructor; hobbies. After the program, light refreshments are served and a social hour is enjoyed. They also are planning a bowling party, roller skating, and other get togethers.

The sponsors feel it is a very rewarding experience and the excellent attendance shows the young peoples' interest.

MARTIN LUTHER SCHOOL

W.W. Wolf

The Christmas season officially started at the Home with the "Hanging of the Greens" on December 4th. The rooms were decorated and there were ten trees through out the school. The students left for a two week vacation the 19th of December and will return the 5th of January.

The second semester of our program, we will be introducing an "Engineered Classroom" and the students will be spending a half day in each of their four classes.

The best New Year from everyone at the Martin Luther Home.

BEATRICE STATE HOME

Elmer Wyant

The Education Department of the Beatrice State Home proudly presented the program "Christmas Cheer" on December 18th and 19th in the school auditorium, under the direction of MRS. NANCY FOX. She was assisted by the school staff. Two performances were given on Thursday, December 18th, one at 1:30 p.m. and one at 7:30 p.m. for the residents. A special performance was given for the public on Friday evening at 7:30 p.m. Approximately eighty pupils were in the program. This was the highlight of the year for the children.

"Christmas Cheer" was made up of four different scenes which were: Snowland, Rock Around the Christmas Tree, Toyland, and the Manger Scene. It consisted of dance groups, vocal choruses, solos and recitation. Costumes and scenery brightened up the presentation.

DEVELOPMENTAL CENTERS

Penny Jenkins (551-9205)

HO! HO! HO! Here comes County Commissioner GEORGE BUGLEWICZ and he is Santa! Santa was great! A party and gifts for the children were presented by the Mary Martha Circle of St. Timothy's Church.

MAYOR LEAHY and City Hall took up a new occupation--they are now official painters! With brushes and rollers in hand, they painted the recreation-lunch room in the Benson Center.

MADONNA SCHOOL

Sister Mary Evangeline (556-1883)

A check on the Madonna parents show that 88% were actually involved in Honey Sunday. It was fun!!!

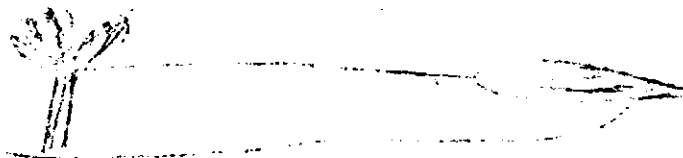
The Hibernians sponsored the annual Madonna School luncheon at Nasr's on December 15th. All of the children and teachers attended as well as some of the friends of Madonna.

The last day of school was December 19. The children had a Christmas party and exchanged gifts. Santa was there too!

BEATRICE STATE HOME PARENTS INTEREST GROUP OF GOARC will meet February 3rd at 8 p.m. at the Douglas County Vocational Services Center. Speakers will be Penny Jenkins of the Developmental Centers and Mel Knowlton of Residential Services.

MEMBERSHIP

January is renewal month for membership. Send us yours today!!!



DON'T FORGET!!!

Life Membership-----	\$100
Sustaining Membership-----	\$25--\$100
Contributing Membership-----	\$10--\$25
Annual Membership-----	\$5 per family
Supporting Membership-----	\$5--\$10

P.S. Anyone joining after October 1969 need not renew until January-1

PROJECT CHANCE is in dire need of warm clothing for their children. /
having such clothing, please call CHANCE at 346-5000.

WORK EXPERIENCE PROGRAM

Jim Lane (556-5665)

The coming new year holds much promise for a certain 19-year old, who is a ward of the State due to parental neglect.

This girl was referred to WEP in June 1968 with many problems arising out of her cultural deprivation and emotionally charged unstable background. At first, she was shy, insecure and very immature, and needed constant attention, supervision, and supportive counseling. She was eventually placed as a diet aid at University Hospital, and later transferred to Immanuel Hospital because of special interest in old people and problem of transportation.

She now pays \$20 per week room and board at her foster home. She buys and cares for her own clothing, her minor medical and dental bills. She has paid for her senior ring and senior pictures, which she is giving to her special friends as Christmas presents.

Upon graduation, she may be able to rent an apartment near Immanuel Hospital, and be completely self-supporting. Her new self-image and determination will carry her to success in her chosen career.

MAY YOUR FUTURE BE AS BRIGHT!

PROJECT CHANCE

Suzanne Bradley (346-5000)

Project Chance is once again Project Change. As of Monday, November 17, Chance has a schedule of three sessions daily rather than two sessions.

Three classes will arrive at 8 a.m. and stay until 11 a.m. when four other groups arrive. These children will go home at two. The last session lasts from 2 p.m. until 5 p.m. It serves three classes.

The change is necessary to meet the requirements for licensing as a day care center. These standards do not allow more than 35 children in a building the size of Bethel A.M.E. Sunday School. Also, no regular classrooms may be in a basement level. Chance must have a day care license instead of its present educational center license to be eligible for its Federal funds through the Douglas County Assistance Bureau.

The holiday season started early at Project Chance with carol-learning and decoration-making in preparation for the Parents' Club Appreciation Night on December 10th. A soul food dinner started off the evening. Then the children entertained with two Christmas songs accompanied by their band. TOM PORTER, President of the Parents' Club, awarded certificates of appreciation to those individuals and groups that were most helpful during the July fund-raising drive. He continued the festivities with a magic show-much to the amazement and enjoyment of the audience. The party was followed by a short business meeting.

The children's turn came on December 19th. The children started off the party with "Jingle Bells" and "Rudolf the Red Nosed Reindeer." Then the staff presented the Night Before Christmas to introduce Santa who had presents for each child. The Chance Staff Singers then entertained with a selection of seasonal songs. The children completed the program by answering with "We Wish You A Merry Christmas."

p.s. If anyone has any small sleds for Chance, they would be most appreciated.

HEAVEN'S VERY SPECIAL CHILD

A meeting was held quite far from Earth.

"It's time again for another birth."

Said the Angels to the Lord above,

"This Special Child will need much love."

His progress may seem very slow,

Accomplishment he may not show;

And he'll require extra care

From folks he meets down there.

He may not run or laugh or play,

His thoughts may seem quite far away.

In many ways he won't adapt,

And he'll be known as handicapped.

So let's be careful where he's sent,

We want his life to be content.

Please, Lord, find the Parents who

Will do a special job for you.

They will not realize right away

The leading role they're asked to play.

But with this child sent from above

Comes stronger faith and richer love.

And soon they'll know the privilege given

In caring for the gift from Heaven.

Their precious charge, so meek and mild

Is Heaven's Very Special Child.

ITEMS OF INTEREST: Hope you all noticed the recent articles in two leading national magazines: McCall's, Christmas '69 "Our Son Mark" by S.I. Hawakawa, pg. 79; Ladies Home Journal, December '69, "Giving Children the Gifts of Faith and Courage," Mrs. Joseph P. Kennedy, pg. 60.

WORKSHOP

Brian Lensink, Director (558-3121)

As usual, work has steadily been flowing in and out of the Vocational Services Center for the last several weeks. This keeps both the clients and the staff very busy, both in work being completed and in clients being served. I believe there are several reasons why we have been doing so well at the Center. The first reason is that I have an unbeatable staff. I have been very lucky to find a bunch of ambitious and hard-working young people who have a respect for the retarded and for their capabilities. These people are the backbone of the workshop.

Secondly, we have succeeded because our shop is always full of work. The credit for this can only go to the hard work of BILL TOOHER, our contract procurement man, who has been doing a fantastic job, by scouring the community, selling our program, and finding work for the people in the workshop. Because of these people who are working to rehabilitate the mentally retarded of this community, I feel that we are a booming success.

During the next several weeks, we are going to be negotiating with Tip Top Products and Western Electric Corporation in an attempt to start two industrial workshop stations in industry. These industrial stations would be most beneficial both to the advancement of the Vocational Services Center system and to the integration and normalization of the retarded into the everyday work world. I am most hopeful that these stations will be well accepted by the parents of the retarded and will be of great benefit to the retarded themselves. Meanwhile, we will continue onward in our efforts to train happy productive workers.

BETHPHAGE MISSION

Robert Turnquist, Activities Director



Two new buildings are under construction at the Bethphage Mission, Axtell--a central kitchen and central supply building and a residence for summer employees which will house 25 and will double the remainder of the year as housing for retreat participants.

The new Bethphage movie, "To Touch a Butterfly," is proving to be very popular. Twenty-four prints of the 26-minute, 16 mm colored movie are in circulation throughout the United States. The film has also been shown in Japan and has been shown twice on a Minneapolis ETV station. Nebraska residents may borrow the movie, without charge, from Nebraska Synod Film Library, Suite 204, 124 South 24th Street, Omaha.

The Bethphage Mission has made its indoor swimming pool available to the Ragan School for Trainable Children.

C.H.A.P.

June Henrikson (339-2756)



During American Education Week the CHAP Opportunity School held an Open House. The parents were invited to observe the children in their class rooms. Many of the military fathers took advantage of the military holiday, November 11th, and visited the School.

Saturday afternoon, military CHAP children enjoy bowling at the Offutt AFB Bowling Lanes. Three mothers and one father, who are qualified American Junior Bowling Congress Instructors, teach the children how to bowl or how to improve their scores. Averages range from 45 to 93. Several other mothers are scorekeepers. Bowling is one sport that the handicapped or retarded child can compete with the average child. Bowling also helps improve eye, hand, and leg coordination.

Christmas arrived a week early at the CHAP Opportunity School. The room mothers gave a Christmas party for the children. Santa arrived on horse back to visit with the children and gave gifts of candy canes, apples, stockings filled with candy, and Santa hand puppets to each child. The children played "Pin the Nose on Rudolph." They also sang Christmas carols. Christmas cookies and punch were served.

The CHAP Mothers Club was invited to display their ceramic Nativity Set and Christmas Tree in the Fantasy of Trees sponsored by the YWCA. More than 50 uniquely decorated trees were on display and turned the Prom Town House ballroom into a fantasyland.

Here's to the New Year! May 1990 prove to be as prosperous to LOARC as 1989. Have a Happy and Healthy New Year!

THE GREATER OMAHA ASSOCIATION
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OMAHA, NEBRASKA 68102

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ADDRESS
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the GOARC GAZETTE

VOL. 3 NO. 2



THE NAME OF THE GAME

I've often wondered what I would say if someone asked me, "What is it like to be the father of a retarded child?" I would tell them something like this---

In the beginning, when my son, Clark, was born, my wife, Patricia, and I were as crazily happy as parents expecting their first borne--let alone their fifth. Love and pride contentment was the name of the game. We were aware that our son was a breech birth and that he weighed less than the other children at birth, but we were not aware that he was a mongoloid. Mongoloid to me was a race of people that lived in Mongolia.

Clark became very ill shortly after his mother and I brought him home from the hospital. Pat called me at the office and said, "Bill, you'd better come home. Clark is having difficulty breathing--he's turning blue!" Hurry, became the name of the game.

It wasn't until many anxious days of wondering if he would pull through and a talk with the doctor that we became aware that our son was retarded.

To someone as stupid on the subject as I was it was a shock, to say the least.

I couldn't figure out how this could happen to me. After fathering four other normal children--why? why? God, you must really have it in for me! Frustration and self-pity became the name of the game.

continued page 2

(NAME OF THE GAME--cont'd pg. 1)

I was ashamed to admit to anyone outside the immediate family that I had a retarded son. I was not willing to accept the fact that this does happen to people of all walks of life. Frustration, self-pity and the well known added ingredient "booze" became the name of the game.

I'm not going to tell you that one morning I woke up and all the answers were there because it simply isn't true. Slowly the acceptance came. Looking back now, I'm convinced my acceptance was due to my wife's never ending determination to make our son fit into our family life without special treatment.

It's been a lot easier since I've joined forces with my wife. Clark is now seven years old and is going to school at the Area XIII Media Center. His mother and I have noticed many changes as he grows both physically and mentally.

This article has no ending, only a beginning.

Reprinted with permission of author Bill Tracy of Council Bluffs, Ia.

NARC GROUP LIFE INSURANCE OFFERED

Low-cost group life insurance is available to NARC members.

The NARC Protection Plan is designed to make funds available for the benefit of a retarded son or daughter after the death of a supporting parent.

Any member of a local or state unit of NARC, who is under 70 years of age, the parent of a retarded person and whose name is on record at NARC as a paid-up member of his unit is eligible to participate in the plan.

For further details contact your local or state ARC or write to NARC Protection Plan, P.O. BOX 1896, N.Y., N.Y. 10001

CENTRAL OFFICE

As of February 1, 1970, Mr. BRIAN LENSINK, former Director of the Division of Vocational Services, assumed the duties and new responsibilities of the previously unfilled position of Director of Program Services.

During the month of February, MR. LENSINK split his time between the Central Office and the Vocational Services Center, while he became oriented to his new responsibilities and trained his successor in the position he vacated.

We expect that MR. LENSINK will be full-time in the Central Office and discharged his new duties as of March 1, 1970.

MR. LENSINK has been delegated general administrative supervision of, and responsibility for, the operating programs which have been developed under GOARC's auspices in our implementation of the long-range Douglas County Plan. The purpose of this appointment was to allow the Executive Director more time for the aspects of GOARC's work which have long been neglected due to the administrative responsibilities which were carried out on a day-to-day basis. The filling of this position allows the Executive Director to spend more time developing the long-range goals of the Association, such as working toward the implementation of a four or seven county regional services administration, which hopefully, will eventually assume the administration of the direct programmatic services which are proposed in the Douglas County Plan.

G.O.Y.A.R.C.

--Judi Norwood

GOYARC has been growing and keeping busy. Recently, we participated in a state-wide trip to the Beatrice State Home. Seven members of GOYARC and two chaperones, BOB CLARK and SHIRLEY DEAN (two very sleepy people who missed all the fun Saturday night) went on the tour which was sponsored by the State Office of Mental Retardation. We participated in an orientation period, tours of all the facilities; and, later in the evening, a dance with some of the citizens of the home. I think we all came home determined to make some changes. The local units will be going to the home every few weeks to work with the different groups of retarded; and, hopefully make friends with them.

We also prepared for the Traveling Art Display which was on display at the Southroads Shopping Center, January 11-12 and at the Crossroads, January 18-29. I hope everyone enjoyed one of our most successful projects--there were a number of pieces done by Omaha residents in this display.

The Youth Group held elections for the year January 27. The new officers are as follows:

President-----	Terri Freyer
Vice President-----	Kathy Albrecht
Secretary-----	Katie Johann
Treasurer-----	Beth Goodwill
Public Relations-----	Myra Hoefker
Steering Committee-----	Ruth Stephenson
	Penny Schmidt
	Kathy Lankford
	Debbie LeClair

Best wishes to them!

We have been keeping busy and are gaining much self-satisfaction. But we are still small and will need a lot of help to become a good group. I hope we can turn to you for this help.

BEATRICE STATE HOME ASSOCIATION

--Wilma Wills (333-4359)

After touring the Vocational Rehabilitation Units at the Beatrice State Home, the parents will now turn their attention to the Pre-Vocational work being done there.

Those of us who visited the "L-1" and "F" Vocation living units were pleased and most impressed by what we saw. MR. HAMM, staff member of Beatrice State Home, very capably explained the program to us and answered questions.

BEATRICE STATE HOME

--Elmer Wyant

MR. M.E. WYANT, Superintendent of the Beatrice State Home, announced that the annual awards of service pins were made to 86 employees on Friday, January 16. DR. H.D. HERRICK, Clinical Director of the Norfolk Regional Center, Norfolk, Nebraska, was the guest speaker.

Service pins were awarded to employees who had completed five, ten, fifteen, twenty, and twenty-five years of continuous service.

DOUGLAS COUNTY DEVELOPMENTAL CENTERS

--Penny Jenkins (551-9205)

Welcome! WILLY NOVAK has finally returned to school after a long hospital stay. And guess what else? WILLY found a new little sister when he came home! A special welcome also to PATRICIA McACY, a new student in the South Center.

Luncheon Guests! LINDA GILMORE & CHRIS KRESKI represented our Centers at a Welcome Wagon luncheon at the Thomahawk Inn on December 9. They received gifts and were really "Celebrities for the Day!"

Lots of "Thank Yous!" Special thanks to the following groups who have been so kind to our children: Past Presidents Auxiliary Eagles No. 38 who presented us with a check for equipment; St. Timothy Lutheran Church-Welfare Guild were hostesses at a Valentine's Party at the South Center On February 13; Ninth Grade Scout Troop No. 195 who gave a luncheon for South Center Students on January 22; Mrs. Jaycees for planning monthly field trips.

What Can We Do For Fun! TOM ROMICK, Recreational Director of GOARC, came to our Parent Meeting on February 4 and spoke to us about our ideas on a recreational program which can include our children. JIM HOFFMAN, new recreation technician for City Parks and Recreation, will work with TOM to set up a program which can involve the children of the developmental centers. We, as parents, have to voice our opinions if we want our children included! A little birdie just told me that the Christ Child Center is available for swimming on Wednesday nights. This is on a one-to-one basis! For more details--call TOM at 556-8229.

New Volunteers! Volunteers in January and February were: MRS. FRANCES BAZER, MRS. PEGGY WARREN, MISS FLORENCE KAUP, & MISS CAROL SHADY.

Special Welcome! To SENATOR & MRS. LESLIE STULL of Alliance, Nebraska who visited the Benson Center.

Staff News! Welcome to JOHN BARNHOUSE who assumed janitorial duties at the Benson Center on January 21. JOHN lives at the men's hostel and is a welcome and cheerful addition to our staff. Also, welcome to MRS. PEGGY WARREN, who will be joining the Benson staff. BEV THOMPSON, a teacher in the South Center, will be leaving. Best wishes to BEV in her new ventures!

PENNY SAYS: If parents have any questions regarding their children, please leave a note in the office and she'll find you!

TWO FEDERAL GRANTS RECEIVED by the BEATRICE STATE HOME

In January, 1970, the Beatrice State Home received notification that a proposal for Public Health Service funds for a new in-service training project has been approved. The Staff Development Project is designed to meet a need which we feel is very vital, in that it will provide training for our staff members in the area of behavioral technology with specific emphasis placed upon training needs of individual employees. Trainees will include not only psychiatric technicians, but professional & maintenance staff as well. Classes will begin in April, 1970 under the direction of KENNETH D. KEITH and ARTHUR WALLACE.

cont'd.

A Federal HIP grant was recently awarded to the Beatrice State Home by the Department of Health, Education, & Welfare for the establishment of a behavioral training and demonstration ward. A group of 24 severely-to-moderately retarded residents between five and ten years of age will be the object of an extensive behavior modification program designed to teach basic self-care, communicative, and pre-school skills, and to eliminate undesirable aggressive and destructive and stereotyped behaviors. A staff consisting of one psychologist, one teacher, and twenty-two behavioral technicians will be used to implement and maintain the program and to demonstrate applied behavior techniques in child care to other personnel of the Home.



for having to remind you that its Membership Renewal time again!

SPECIAL PARENTS GET TOGETHER IN APRIL

The parents of children in all the GOARC affiliated programs are having a special get together in April. Meeting date and place are to be announced in the next issue of the GOARC GAZETTE. The purpose of this get together is for the parents to get better acquainted with other parents whose children also attend one of the GOARC Centers. Parents from each Center will briefly discuss their child's program as they see it. Suggestions for improvement and new ideas are more than welcome. So, watch for the next announcement of time, date, and location of the get together.

RECREATION CALENDAR FOR MARCH

--Tom Romick (556-8229)

- March 3 Boys Hostel has ceramics at 7:30-9:00 p.m.
 - March 5 Bowling with young adults at Ames Bowling 3:00-5:30 p.m.
 - March 7 Recreation Program at Hillside Jr. Hi 8:00-12:00
Christ Child Recreation Program 10:00 a.m. to 2:00 p.m.
 - March 10 Boys & girls at Boys Hostel for ceramics 7:30 p.m. - 9:00
 - March 11 Swim-Gym Program at Christ Child 6:45-10 p.m.
 - March 12 Bowling (same as March 5)
 - March 14 Recreation (same as March 7)
 - March 17 Ceramics (same as March 10)
 - March 18 Swim-Gym (same as March 11)
 - March 19 Bowling (same as March 5)
 - March 21 Recreation (same as March 7)
 - March 24 Ceramics (same as March 10)
 - March 25 Swim-Gym (same as March 11)
 - March 26 Bowling (same as March 5)
 - March 28 Recreation (same as March 7)
- * Please note that the Jr. Hi Rec Program will end April 1st.

NOTICE:

The Assembly of the International League of Societies for the Mentally Handicapped will be held in the Hague, Netherlands, from August 17 to 21, 1970. Although NARC is entitled to only one voting delegate, members of NARC are welcome to attend all sessions of the Assembly. We are sure many NARC members will want to attend. The tentative program follows:

Monday, Aug. 17--Meeting of the League's Committees

Tuesday, Aug. 18--Council Meeting

Wednesday, Aug. 19--Assembly Meeting

(a.m.--Official business;

p.m.--Speeches & discussions on:

--General situation of mental retardation in the Netherlands

--Organization of parent associations

--Parent associations in the Netherlands

--Problems of parent associations

Thursday, Aug. 20--Council Meeting

Friday, Aug. 21--Tour of facilities for the retarded

Because accommodations are limited in the summer season, we suggest you contact MRS. PHILIP ELKIN, Chairman, International Relations Committee as soon as possible if you wish to attend.

The proceedings of the 4th Congress of the International League held in Jerusalem, October 1968, are no available. Please send \$3 for each copy desired to: Secretariat, International League of Societies for the Mentally Handicapped, 12 Rue Forestiere, Brussels 5, Belgium.

LOVE IS. . .

Love is believing in the fulfillment of another human being.



C.H.A.P. PROGRAM

--June Henrikson (339-2756)

Every two weeks the children of the C.H.A.P. Opportunity School accompanied by their teachers walk to the Base Library where children choose a book they would like to read. These books are shared with the other children between visits. The children are encouraged to read their books when they have free time and the teachers read the books to the children also.

The Base Librarian has a storytelling period for the children or a story-film before the children return to school.

This program helps the children to appreciate books and stimulate their interest in books. It also teaches the children to respect the belongings of other people. The children look forward to their visits to the Library.

MADONNA SCHOOL

--Betty Feragutti

We are planning a style show and luncheon at St. Margaret Mary's auditorium on March 7th at noon. The style show is sponsored by the "Velvet Touch." Chances are being sold on gift certificates, \$50 money hat, case of bourbon, and a stereo tape recorder. For further information, contact Mrs. THOMAS CANIGLIA at 393-3008.

IN MEMORIUM

In memory of Phillip Menolascino

by: Mr. & Mrs. William Rasco
Dr. Wolf Wolfensberger
Dr. & Mrs. Robert Osborne

In memory of Dorothy Sorensen

by: Helen Peterson
Mr. & Mrs. Richard Baker
Mrs. Evelyn Crawford
Helene Paige
Olive Welch
Mr. & Mrs. Adolph Steenbock
Mr. & Mrs. Donald Seibold
Mr. & Mrs. Kenwood
Mr. & Mrs. Hoffman
Mr. & Mrs. Osborn
Mr. & Mrs. William Trader
Mr. & Mrs. Bell
Mr. & Mrs. Behrens
Mr. & Mrs. Steinman
Mr. & Mrs. Gerald Kolbo
Mr. & Mrs. Homer
Mr. & Mrs. Fackler
Mr. & Mrs. Schmidt
Mr. & Mrs. Wiese
Mrs. Foged
Papio Farm Bureau Unit

ACKNOWLEDGEMENTS

The following individuals are gratefully acknowledged for their generous contributions: Mr. & Mrs. Carl Distefanos; Hillcrest Econ-O-Wash, Ralston

NOTICE--GENERAL MEMBERSHIP MEETING

Thursday, March 5th at 8 p.m. is the next General Membership Meeting. It will be held at the First Federal Savings and Loan Association of Lincoln at the Homestead Center.

We are offering a first for the Greater Omaha area. We are extremely pleased to have Reverend ROBERT PERSKE, Director of Chaplaincy Services at the Kansas Neurological Institute, Kansas City, as our special guest. Dr. Perske will speak about the special needs of the mentally retarded and their families.

Reverend Perske will be in town all day of the 5th and will also address the Seminar for Ministers and Religious Educators sponsored by GOARC. We strongly encourage each of you to speak with your clergyman and urge him to attend this seminar. If you have any questions on this seminar, please contact SHIRLEY DEAN, 346-6338, or MRS. VIRGINIA WILLIAMS, 333-4217, Chairman, GOARC Religious Nurture Committee.

This General Membership Meeting should prove to be very interesting and informative for all, so we'll see everyone there March 5 at 8 p.m.

CANDLES FOR SALE

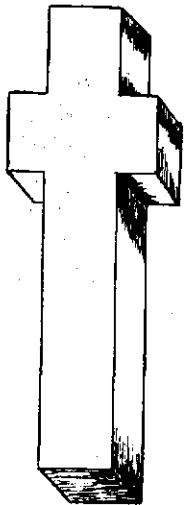
GOYARC is selling the Flame of Hope Candles----both the scented cutlite and the John F. Kennedy taper. From the sale of each candle, GOYARC will earn \$1 which they will use in planning projects for the mentally retarded.

If you are interested or want more information on colors or scents, please call JUDI NORWOOD at 331-7644.



"As You Do Unto the Least of These, My Brethren. . ."

As a pilot project in our state, GOARC is sponsoring a seminar on the special needs of the mentally retarded and their families as related to their church. Through this seminar, clergymen and religious educators



in our area will have the opportunity to learn more about mental retardation in general, the availability of supportive programs in our community, forming a theological perspective of mental retardation, and counseling families with mentally retarded members.

We feel extremely honored that a nationally-acclaimed leader in his field, Chaplain ROBERT PERSKE, Director of Chaplaincy Services at the Kansas Neurological Institute, will be our keynote speaker. Additional speakers will be: Dr. F.J. MENOLASCINO, Dr. W. WOLFENBERGER, Reverend J. FOLEY, Mr. J. JACOBY, and Mr. R.L. CLARK.

The seminar will be held Thursday, March 5th at the Rockbrook United Methodist Church, 9855 West Center Road in Omaha from 9 a.m. to 2 p.m.

Our thanks to Reverend ZOOK and his congregation for permitting us to use their church.

GOARC Members: *Please help make this seminar a success by talking to your Pastor and personally inviting him to attend.*
Thank you!

P.S. Chaplain PERSKE will also be the speaker at our general membership meeting on March 5th. I do hope that all of you will take advantage of these opportunities to meet and visit with this long-standing friend of the mentally retarded.

--Virginia Williams (333-4217)

EDITOR'S NOTE:

I'm so sad! I haven't received your renewal for membership yet!--
But if you'll send me

\$100-----Life Membership
\$25-\$100-----Sustaining Membership
\$10-\$ 25-----Contributing Membership
\$ 5-\$ 10-----Supporting Membership
or \$ 5-----Annual Membership

next issue of the Gazette. OKAY?

I'll perk up for the

If you have any news or up-coming events, be sure to send them into the Gazette, 608 Barker, Building, Omaha, Nebraska 68102.

SEE YOU NEXT MONTH!!



OMAHA GAZETTE

608 BARKER BLDG

OMAHA, NEBRASKA

THE GREATER OMAHA ASSOCIATION
FOR RETARDED CHILDREN, INC.
608 BARKER BUILDING
OMAHA, NEBRASKA 68102

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Volume 3 Number 6

SUMMER ISSUE

July 1970

CHANCE DOCTOR VOLUNTEER OF THE YEAR Suzanne Bradley

Dr. William Heusel, who has for over a year and a half given Project CHANCE one day a week, received the Volunteer of the Year Award from the Omaha Volunteer Bureau.

Every Wednesday, Dr. Heusel makes the nearly sixty-mile drive into Omaha from his home in Hooper, Nebraska to examine CHANCE students and to confer with the staff.

His patience and particular gentleness have been invaluable in establishing favorable associations with medical practice for the children.

The staff is deeply indebted to him for his clear explanations and sensitive insight into the interrelationship of medical, educational and social problems.

We at CHANCE are happily anticipating a continued association as we offer our profound gratitude for Dr. Heusel's generous gift of self.

EUGENE J. HILTUNEN MEMORIAL FUND

In September 1969, Eugene J. Hiltunen, founder and president of Cornhusker Paving Company passed away. Mrs. Hiltunen requested that memorials and remembrances for her husband be sent to G.O.A.R.C. More than \$1,884.00 was received in Mr. Hiltunen's memory.

Recently the GOARC Board of Directors allocated these funds to be used for career development of young men and young women who are entering fields related to mental retardation. It is intended that this fund be expanded gradually and in a large number of relatively modest awards to as many young people from families of limited means as possible.

This fund is to be used to help defray expenses related to educational experiences and/or formal education, such as: attendance at conventions, tours of services, travel to work-study settings abroad, assisting a student having a sudden financial crisis so that the student need not drop out of school in the middle of a semester, and making short-term low-interest or no-interest loans.

It is hoped that other individuals will contribute to this Fund in an effort to continue this project.

For further information on the Eugene J. Hiltunen Fund, please contact Judie Rasco, Shirley Dean or Dr. Wolfensberger.

G.O.Y.A.R.C.

Myra Hoefker - 455-2736

This past month, G.O.Y.A.R.C. members had some "get acquainted" visits with our young ladies and young men's hostels. CAROL GIDLEY liked it sooo much, she is going to volunteer at one of the hostels this summer.

Two of our members, RUTH STEVENSON and JUDI NORWOOD were accepted into the

Summer Work Experience and Training (S.W.E.A.T.) program. Judi will have an especially busy summer between S.W.E.A.T. and getting ready to leave for college in the fall. Congratulations to both RUTH and JUDI for being accepted into this worthwhile project.

All GOYARC members will have lots to do this summer. Some of their activities include a children's party on July 18th, a trip to Beatrice on July 25th, our young adult's dance on August 8th, and our picnic and hike for young adults and pre-teens.

DONATIONS AND CONTRIBUTIONS

Clipped Wings, \$100 to the Benson Developmental Center
Fort Omaha Officer's Wives' Club, \$250.00, undesignated
Fraternal Order of Eagles Auxiliary \$38.00, to the Benson Developmental Center
Ann Landers, \$250.00, undesignated
Marie Madsen, \$20.00 to the Benson Developmental Center
St. Timothy's Lutheran Church, \$150.55, undesignated

In Memory Of

Josephine Hansen from Frank J. Hansen
Gregory Linneman from Connie Wickman,
Mrs. Cora W. Ray, Mr. & Mrs. Roger Goodwin, Mrs. Bernadine Woolheater

PROJECT C.H.A.N.C.E.

Suzanne Bradley - 346-5000

CHANCE officers were elected at a recent Parents' Club meeting held at the Bethel A.M.E. Church.

Taking over the President's gavel were Mr. & Mrs. Oscar Watson; Mr. & Mrs. Rex Leibert were elected to the vice-presidency. Mrs. Louise Wright is the new secretary and Mr. & Mrs. Eugene Renchie now hold the office of Treasurer.

(Con't on Page 3)

(Project CHANCE con't)

Bonnie Casteel and Richard Gillstrad were the members elected to the Advisory Committee along with the officers.

Nominated as CHANCE representatives to the GOARC Board were Mrs. Edna Watson, Mrs. Catherine Williams and the Rev. E. Lewis Branch.

In his farewell remarks to the group, outgoing President Tom Porter urged the parents to take more initiative in planning their meetings and activities, to make each office a cooperative effort between husband and wife and to employ the committee system in arranging and executing their plans.

DOUGLAS COUNTY DEVELOPMENTAL CENTERS
Joan Marcus - 551-9205

Our new teacher, Mrs. Betty Jean Masters, at Benson Center recently moved here from Broken Bow, Nebraska where she taught a TMH Class in a public school. She is married and has no children.

Miss Maureen Motl, our new teacher-aid in Benson, was in last year's Summer Work Experience and Training (S.W.E.A.T.) program.

Mrs. Flora Bradshaw began June 15 as a teacher at our South Center. She formerly taught in C.H.A.P. School at Offutt. She is married and has five children.

Chris Muise will be leaving the end of this month. Sorry to see you go, Chris.

Phyllis Chandler and her husband are the proud parents of a new baby girl.

New students are Jerry Volcheck, Benson; and Debra Staley, South.

DOUGLAS COUNTY VOCATIONAL SERVICES CENTER Jim Byrnes - 558-3121

Our building has a new look. The Omaha Painting and Decorating Contractors Association annually donates one-half day toward painting for some local community agency. This year they contacted Mayor Leahy who suggested that we were in need of the decorative touch. The outcome of the matter was a complete repainting for the lunchroom, the Work Activities Center, and a wild decorative touch in the Training and Evaluation area. They really improved the looks around here and we would like everyone interested to come and see it.

Sub-Contract News

We have made great progress in the past month with our Tip-Top contract. Through total shop effort our production has increased by almost 25%.

After stressing the importance of meeting quotas and deadlines, individuals' boxes were marked to show their various percentages during the day. Awards were given to the top producers, and recognition went to those who did exceptionally well on five minute time studies.

Last week we received 52,000 Butternut Bread packages. The price, of course, is going up. Tom Myers has been collating the County Plan Book for GOARC. Binding has started and 100 books have been completed and distributed. Not bad for a one-man operation. Our second labeling job is for Kitty Clover. You may be assured many, many bags have been labeled. Geraldine Brosnihan and Bill Wilson are helping all the fishermen by making thousands of bobbers each week for Plastillite. I wonder if the fish appreciate that? Work Activities Center has been given the job of producing 9 boxes of blue curlers a day for Tip-Top Products.

Alumni Club News

The Alumni Club had a pizza party Thursday night, June 18th. On the menu was hamburger pizza, salad, pop and catelope filled with ice cream.

Elections of new officers were also held. New officers are Dale Smith, President; Yvonne Wysznski, Vice President; Mark Field, Secretary; David Swift, Treasurer and Kent Baker, Sargent at Arms.

RELIGION CLASSES FOR THE MENTALLY RETARDED

The following is a list of the special religion classes offered for the mentally retarded:

PROTESTANT

Calvary Lutheran Church
First United Methodist Church
Faith United Presbyterian Church
Kountze Memorial Lutheran Church
Mosher Memorial Presbyterian Church
Rockbrook United Methodist Church
SAC Memorial Chapel Protestant Demonation
Hanscom Park United Methodist Church
Mt. Calvary Lutheran Church
St. Paul's United Methodist Church

CATHOLIC

Capehart Chapel Catholic Demonation

JEWISH

Beth Israel Synagogue, 1502 North 52nd, has indicated that they are interested in offering a class for the mentally retarded. They first need to know how many parents would like to have their children attend. The day and time of the program would be arranged, as much as possible, at the convenience of the parents. If you are interested, please contact: Mrs. Sam Berman, President of the Beth Israel Sisterhood, phone 553-5346 or 553-2574; Mrs. Virginia Williams, Chairman of the GOARC Religious Nurture Committee, 333-4217, or the GOARC office, phone 346-6338.

RESIDENTIAL SERVICES

Mel Knowlton - 346-6338

The Pre-Vocational Hostel at 3718 Cuming and the Children's Hostel on 4525 Hamilton are opened, and we are working towards full capacity. There will be six residents in each home.

The Young Men's Hostel on 5016 California has two new residents. One young man from the community and another from the Beatrice State Home.

Soon there will be two empty spaces at the Young Ladies Hostel as two of the residents will be moving into a supervised living apartment.

July 23 through July 27 will bring us visitors from St. Paul, Minnesota on an exchange program with young adults from our hostels. We will be sending six residents and one staff member and I think we got the best of this exchange as the Minneapolis Aquatennial occurs at this time. I am sure that all concerned will have a good time.

P.S. I moved again - back to 608 Barker Building.

GOARC GAZETTE

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OMAHA, NEBRASKA

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Miss Shirley Dean
4842 Sahler #107
Omaha, Nebraska 68104

Volume 3 Number 7

SEPTEMBER ISSUE

SEPTEMBER 1970

ROSTER

BROWN, Mrs. Elliot	5824 Hamilton	68132	556-4002
FERER, Mrs. Harvey	521 No. Elmwood Road	68132	556-4898
GAETA, Mr. & Mrs. Joe	6170 Elm	68108	558-0534
MCACY, Mr. Patrick	2014 Martha	68108	345-8711
MILLER, Mr. Thomas	5016 California	68132	
NORDSTROM, Mr. & Mrs. Dennis	6760 Seward St.	68104	551-9956
PEARSON, Dr. Paul	4236 Ruggles	68104	451-1473
PETERSON, Mr. & Mrs. Walt	8001 Howard Road	68114	391-3586
SERAFINI, Mrs. R. L.	7413 Schuyler	68114	391-8753

Please detach this sheet and include with the 1970-71 COARC General Membership list.

PARENT MEETINGS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	CHAP monthly 7:30 at CHAP BSH bi-monthly 8:00 at V.S.C.		Project CHANCE monthly 7:30 at CHANCE V.S.C. monthly 7:30 at V.S.C.	GOARC bi-monthly 8:00 at First Federal Savings & Loan		
	Sarpy monthly 7:30 at Sarpy			Benson Center bi-monthly 7:30 at Benson South Center bi- monthly 7:30 at South		
	GOARC Board month- ly 8:00 at V.S.C.		Madonna monthly 7:30 at Madonna	#66 monthly 7:30 at Arbor Heights Jr. High		
	OPS bi-monthly 7:30					

IN MEMORY OF

Kathleen Zimmermann from:

Mr. & Mrs. Walter Frank
Mr. & Mrs. Gene Jindra and family
Mr. & Mrs. O. P. White and family
Mr. & Mrs. Claire Russell
Mr. & Mrs. George T. Sullivan
Miss Mary Marcuso
Mrs. George Riel
Mr. & Mrs. Rex Wlwood
Dr. & Mrs. Perry T. Williams
Mr. & Mrs. Dale Ashton
Dr. & Mrs. Perry Rigby
Dr. & Mrs. Charles Wilhelmi
Mr. & Mrs. Bob Anderson
Miss M. Eileen Engels
Miss Suzanne Botko
Mr. Ralph C. Gates
Miss Diane Jones
Beatrice State Home Inmates Fund

Mrs. Carolyn Jerabek from:

Mr. & Mrs. Byron Johnson
Mr. & Mrs. Warren Gregory
"Just Us Girls Club"
Marie Prohaska
Mr. & Mrs. Frank Navrkal
Marie Jerabek
Mr. & Mrs. Edward Jerabek
Verona Jerabek

Daniel Kavares from:

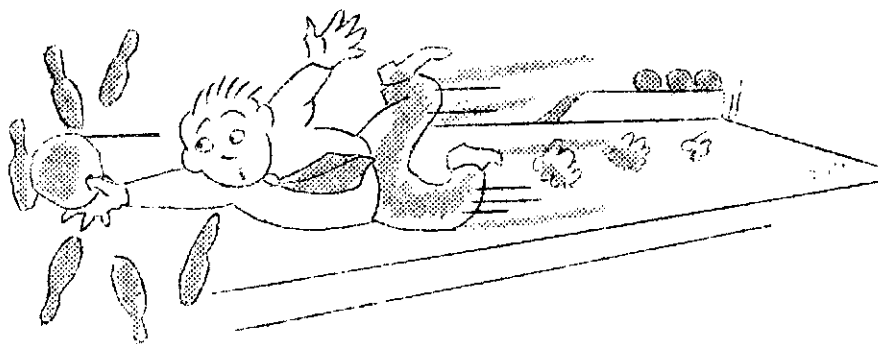
Mr. & Mrs. Grant Myers
Mr. & Mrs. Donald Hiatt
Mr. & Mrs. Kenneth Taylor
Mr. & Mrs. John McKenna
Mr. & Mrs. Harry Hoch
Mr. & Mrs. Charles Ramsey
Mr. & Mrs. Wayne Chamberlin
Mr. & Mrs. Phil Kiehl
Mr. & Mrs. Allan Everist

Mr. & Mrs. Lloyd Keller
Dr. & Mrs. John Foley
Mr. & Mrs. Sam Pfeifer
Mr. & Mrs. Bernard McGrath
Mr. & Mrs. J. Van Greenly
Mr. & Mrs. James Noonan
Dr. & Mrs. Vincent Runco
Dr. & Mrs. Donald Satten
Mr. & Mrs. Melvan Brunsbach
Mr. & Mrs. William Von Der Ahe

RECREATION

The ever-growing Recreation Department of ENCOR has been going "whole-hog" all summer. Some of the activities and events include the following: In June there was a Young Adult Party at the Christ Child which included dinner, dancing and bingo. The theme was Hawaiian and the evening was enjoyed by all who attended. In July, the first of young adult vacation exchange programs occurred. Six young adults from Minneapolis visited Omaha and six of our young adults visited Minneapolis. It was said that none of the participants wanted to return to their home city. I guess that's what a vacation is all about. While the young adults were here, there was an overnight campout at Blair. The 39 campers enjoyed the archery, arts-and-crafts, swimming, campfire and dancing. The ENCOR staff is hopeful of having 3 or 4 of these exchange programs a year. What summer would be complete without a Picnic? Forty-six of our young adults enjoyed the August event with its' relay races, gunny-sack races, talent show and softball.

In addition to these once-a-month activities, Mr. Pomick and his staff have made the various sports and cultural activities of the Omaha area available to our young adults. Some of the events that they have enjoyed the most have been: the professional boxing matches, baseball games and the AK-SAR-BEN Family Night Shows.



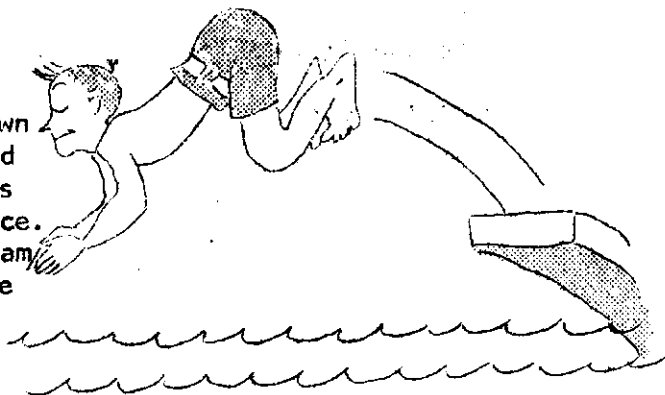
BOWLING

Some five weeks ago, bowling leagues were established and on August 20th trophies were awarded. TERRY BARKER got the trophy for the high game for men while PEGGY ROSSO received this honor for women. GARY OLSON was awarded the trophy for the most improved man and BARBARA HUSE for the most improved woman bowler. The

winning team was DENNIS PIRRUCELLO, RONNIE SCHULTZ, PEGGY ROSSO AND MONETTE BEUCK.

SWIM-GYM PROGRAM

The Wednesday evening SWIM-GYM Program terminated on August 12; but it will be resumed in September on a Monday evening. Further details will be known at a later date. This program will be coordinated by JIM JOHNSON, a student at UNO, who has had lots of experience teaching the retarded to square dance. So, one of the features of our new SWIM-GYM Program will be to have square-dancing, in addition to the swimming.



SPECIAL OLYMPICS

For the first time, Nebraska participated in the International Special Olympics held bi-annually in Chicago. Nebraska's team of 37 entrants brought home 5 medals; 1 gold (first place) by PEGGY TERRY from Beatrice in the 25-yard freestyle swim; 2 silver (second place) by PAM VALVERDI of Madonna in the 25 & 50 year freestyle swimming, and 1 silver by CURTIS LEWELLAN of Gering in the 300-yard run; and 1 bronze (third place) by DWIGHT BURNS of Martin Luther in the 300-yard run. Congratulations to all of our participants -- we are looking forward to bringing even more medals back in the next SPECIAL OLYMPICS.

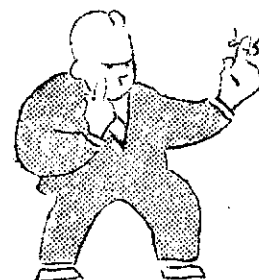
Isn't this interesting ~~~~~

In a recent "Glad You Asked That" series in our newspaper the following appeared:

"Q. Of all the money going into research to fight various diseases, which get the largest appropriation from the government -- cancer or heart? -- Ed Baker, Baltimore.

A. Neither. It's mental retardation, which receives \$508 million annually. Mental disorders is next with over \$361 million. Research on cancer, which accounts for some 320,000 deaths a year, is budgeted at \$181 million per year. The biggest killer -- heart and circulatory disorder, responsible for more than one million deaths annually, receive \$161 million. Conversely, public funds privately collected to fight these diseases run in this order: (1. cancer, 2. heart and stroke, 3. chronic respiratory ills, 4. mental retardation).

General Membership Meeting
September 3, 8:00 P.M.
First Federal Savings & Loan Assoc.
2101 South 42nd



REMEMBER!

STAFF CHANGES

As of August 15, Shirley Dean began working for ENCOR coordinating social service activities for the agency.

August 21 was the last day for Penny Jensins, ENCOR's Director of Developmental Centers. Penny went to Jackson, Mississippi to join her husband who is interning there. We'll all miss her; but I know that all of us wish her the very best.

MADONNA MOVES

On August 12, the Madonna School for Exceptional Children, under the leadership of Sister Mary Evangeline, took up residence at 2537 North 62nd. In order to obtain this new facility for her ever-expanding enrollment, Sister needs to raise \$100,000. YOU CAN HELP. If a child or a neighbor comes to you and asks you to buy a key chain for \$1.50 to benefit the Madonna School, buy several -- they are wonderful stocking stuffers.

ALUMNI CLUB NEWS

The Alumni Club is interested in such a variety of good projects that they will be busy with something new and different for a month of Sundays. Last week Bergan-Mercy Hospital sent a letter thanking the members for visiting the children in the hospital. Also, they said that the gifts given by the alumni to the children will last, and give joy to many kids for a long time.

On June 25th the new officers of the alumni: President, Dale Smith; Vice President, Yvonne Wysznski; Secretary, Mark Field; Treasurer, David Swift; and Sergeant-at-Arms, Kent Baker conducted their first meeting. We are proud of the very good job that they did.

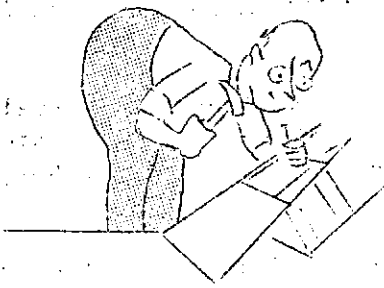
The Vocational Service Center alumni put their efforts and money together and paid a visit to St. James Orphanage with gifts of a set of dishes and silverware. The Sister at the Orphanage said that the dishes were needed, but the silverware was an unexpected necessity. Once again, the members have done their share in making this world a better place.

On July 16th the members of the alumni held a bake sale in the Workshop lunchroom. The cookies, cakes and brownies were prepared by the alumni and friends. The money that was received will be spent on future projects.

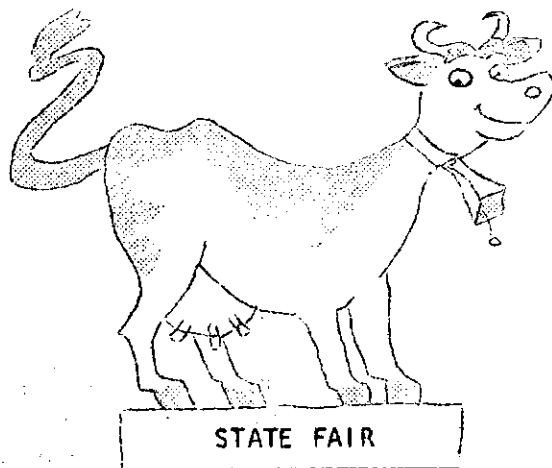
The Alumni Club is having a "dig-in". The play equipment behind the men's hostel needs moving, so the club is uprooting it and moving the swings and slides to the children's hostel. This may take more than one meeting, especially since we are missing several people who will be competing in Chicago at the National Special Olympics.

Other recent activities have been an enjoyable evening at Peony Park and a talk on public relations by Judie Rasco from GOARC. Judie was backed up by Bob Clark, Mel Knowlton and Mrs. Knowlton, Margo Fortune, Shirley Dean and two visitors from Iowa.

Plans for the future include an evening at the Knowlton's for an out-door supper.



When you do "your thing" next weekend; have a safe and happy holiday.



The State Fair, which in 1968 attracted 450,000 people, is an excellent opportunity for NebARC to communicate to the people of Nebraska something of the nature of the involvement of the State Association. The Nebraska Association will have an exhibit booth in the Industrial Arts Building.

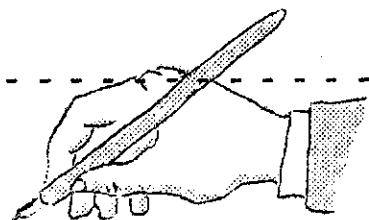
We need people from the communities across the state to help man this booth. Some of you no doubt will be attending it between September 4-10. We know that you are the leaders of the associations across the state; and, therefore, can provide some answers to the questions that people might have. We would like to have your services if you feel that you would like to make this voluntary contribution of time. Quite a number of people have asked me if they could help in this fair booth already. This is a very positive response. If you or other members in your association can help, fill out and return the bottom portion of this memo to our office.

You may want to bring along any brochures, fliers, or pamphlets from your local association that we could distribute, possible around 200.

This is a state-wide fair; and therefore, all associations should be represented.

Please return the following form to the GOARC office by September 3, 1970.

STATE FAIR BOOTH



Name

Address

Zip

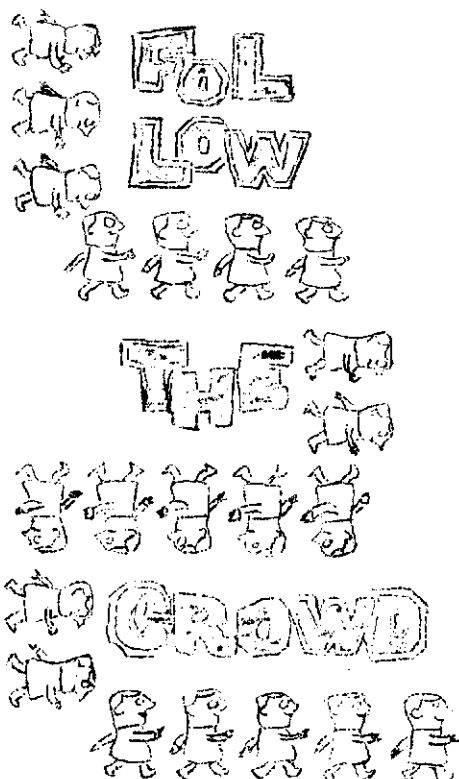
Telephone

Association

Day Attending Fair

- 8 -

Hour Available for Booth



THE CREED

We are joined together to learn how to live better, to work with others, and to give of ourselves to serve mentally retarded persons. We believe in the worth of every individual and find fun in working together to help others.

G.O.Y.A.R.C. NOTICE FOR SEPTEMBER

Below is the schedule of activities for the month of September. If you plan to attend any or all of these activities, please call Terri Freyer at the GOARC Office, 346-6338, at least two days in advance.

- September 1 Steering Committee Meeting: This meeting will be held at the Workshop, 6001 Military Avenue at 7:00 P.M.
- September 8 General Membership Meeting: Our guest speaker will be Linda Glenn. She plans to show a film on seizures. This meeting will be held at the Workshop, 6001 Military Avenue at 7:00 P.M.
- September 12 We're planning a picnic and hike with the young adults and pre-teens at Fontenelle Forest. You will be contacted by phone with more information on this activity.
- September 18 This is the deadline for signing up to go to Beatrice on October 3. Please call Terri Freyer at the above number if you wish to go.
- September 19 Children's party. You will receive more information later.
- September 21 Steering Committee Meeting: 6001 Military, at 7:30 P.M.
- September 26 Retreat: More information on this later.
- October 3 Beatrice

I hope to see you all in the future.

Terri

(Rubella continued)

Q. IF A YOUNG WOMAN REQUESTS RUBELLA VACCINE SHOULD IT BE GIVEN TO HER?

A. A physician could consider such requests if he determines that vaccine is needed. He should realize that only 15 to 20 percent of young adult women remain susceptible to rubella, and that a woman who receives vaccine should not be pregnant nor become pregnant for at least two months. A laboratory test should be used to establish the need for vaccine, and if the vaccine is given, the patient should be alerted to the likelihood that she could experience temporary joint pain or other reactions two to four weeks after vaccination.



VOLUNTEERS NEEDED

GOARC has, in the last several months, been actively involved with the Omaha-Douglas County Health Department in planning for a city-wide rubella (German measles) immunization campaign during early November of this year. The United States Public Health Service has predicted that a massive rubella epidemic will sweep the country in the winter of 1970-1971, unless the child population -- between the ages of 1 and 12 years, can be immunized before the epidemic begins. But before the immunization campaign can be adequately planned, a survey must be made of Omaha.

During the week of September 14 through 21, a number of volunteers will be needed to participate in a sample survey being conducted jointly by the Omaha-Douglas County Health Department and the Greater Omaha Association for Retarded Children. The purpose of this survey is to ascertain how many children in the Omaha-Douglas County area have NOT been inoculated for rubella (measles). The Health Department has predetermined that a minimum of 870 homes are to be visited and a questionnaire be filled out on each visit. We will need a minimum of 40 people, working in teams of two to accomplish this survey. It will take approximately 8 hours per team to visit the households that the Health Department will assign to each team. So as not to bias the survey, each team will get high, low and middle income households to visit.

There will be a MANDATORY Orientation Program for each volunteer. This orientation program will take place on September 10. Each volunteer will be well instructed in interview techniques and will become familiar with the forms for answering the various questions.

If you are willing to volunteer, or if you have any questions, please call Judie Rasco, at the GOARC Office, 346-6338.

* * * * *

There will be 2 films, on rubella, shown on Monday, August 31, 8:00 P.M., at the Vocational Services Center, 6001 Military.

(Rubella continued)

Q. WHAT IS THE BACKGROUND ON RUBELLA AND THE DEVELOPMENT OF VACCINE?

- A. The disease has been known since the mid 1750's and probably got its name, German measles, following large outbreaks of the disease in Germany in the early 1800's. Rubella was not linked to birth defects until 1941, when an Australian ophthalmologist, Dr. Norman Gregg, traced a large number of cataracts in babies to rubella stricken mothers. Little was known about the virus until 1962 when two groups of U.S. scientists isolated it in their laboratories. Workers in this country and abroad then began immediately to attempt to attenuate or tame the virus into a suitable form for vaccine.

Q. HOW WAS THE VACCINE DEVELOPED?

- A. One of the first candidate rubella vaccines was developed by Parkman and Meyer working at the Division of Biologics Standards of the National Institutes of Health. The Parkman and Meyer vaccine, after being thoroughly tested in the laboratory was administered to children more than three years ago. No illnesses were induced and protective antibodies were stimulated in more than 95 percent of those vaccinated. Protection against the natural disease has been shown to persist during the three years since vaccination.

Q. DOES THE VACCINE HAVE ANY DISADVANTAGES?

- A. Children given the rubella vaccine have essentially no complications. On the other hand, when the vaccine was given to adult women, nearly 30 percent of them experienced an arthritis-like soreness and stiffness of the joints which began two to four weeks after vaccination. Also, it is not known to what extent the fetus of a pregnant woman might be infected with the vaccine virus and whether fetal damage could result.

Q. HOW CAN THE PREGNANT WOMAN AND HER UNBORN BABY BE PROTECTED?

- A. Preventing exposure of the pregnant woman is the principal objective of rubella control. Because of the possibility of risk to the pregnant woman and to her developing baby, the best means of protecting the fetus is by reducing the likelihood of the mother becoming infected. This can be done best by eliminating the major source of infection for pregnant women. Children are the principal reservoirs of the disease.

Q. HOW CAN THE VACCINE BE USED MOST EFFECTIVELY?

- A. Rubella vaccine is most useful for children between one year of age and puberty. Vaccine shouldn't be given to infants less than one year old because maternal antibodies may prevent a "take". At the beginning of a rubella control program, children in kindergarten and the early grades of elementary school might deserve priority, because they are commonly the major source of spread of the virus in a community. A history of rubella illness is usually not reliable enough to exclude children from being immunized. The vaccine should not be given to pregnant women nor to women who may become pregnant within two months following immunization.



Rubella

QUESTIONS & ANSWERS ON RUBELLA

Q. IS RUBELLA REALLY IMPORTANT?

- A. Rubella (German measles) is a common and relatively unimportant disease of childhood. When adult women get the disease, however, it can become serious. Rubella virus can cause babies to be born with abnormalities or the pregnancy can end in stillbirths or miscarriages. The greatest danger lies in a woman's getting rubella during the first few months of her pregnancy. Some of the common defects of rubella-affected babies are cataracts, heart defects, deafness, and mental retardation.

Q. WHAT IS THE DIFFERENCE BETWEEN COMMON RED MEASLES AND RUBELLA?

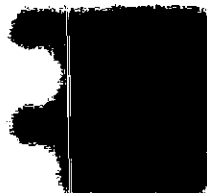
- A. They are two different diseases caused by different viruses. Measles is a serious rash disease of children which may lead to complications, such as a loss of hearing, pneumonia, or encephalitis. Rubella is a mild, three-day infection which seldom causes complications in children. When a child gets either disease he develops natural immunity for life.

Q. DOES RUBELLA HAVE A PATTERN OF ATTACK?

- A. Most cases of rubella occur in school-age children, most frequently during winter and spring months. By early adulthood about 80 to 90 per cent of persons in the United States have been infected by the rubella virus and have developed immunity.

Q. DOES RUBELLA OCCUR IN EPIDEMICS; IF SO, WHAT ARE THE RESULTS?

- A. Some rubella cases occur every year. Past evidence shows, however, that large outbreaks come every six to nine years in the United States. The last major epidemic, in 1964, was probably the largest in 30 years. We estimate that 20,000 to 30,000 infants were born with severe defects from the 1964 epidemic. From the cyclical character of rubella, we may expect another large increase in cases in the early 1970's unless large scale immunization activity takes place.





Dear GOARC Member:

The first General Membership meeting for this new year of the Greater Omaha Association for Retarded Children is scheduled for Thursday, September 3, at 8:00 P.M., at the First Federal Savings and Loan Building, 2101 South 42nd Street.

The State Legislative candidates from our area, whose names will appear on the November ballot, have been invited to tell us what they believe can be done for the retarded in our state. We hope this will provide parents and friends of the retarded the opportunity to meet each candidate and hear his view point.

It appears that the major effort of this coming legislative session will be focused on full funding for LB 855, Beatrice State Home, Vocational Rehabilitation, and especially for Special Education programs in our Public School systems. Complete funding will produce more "miracles" in the establishment of Community Based Services for the Mentally Handicapped.

The need for substantial representation at this General Membership meeting cannot be over-emphasized. The turnout will be ever-present in the minds of those elected. When we write letters to our representatives, when local and state executive directors visit with the various senators, and when legislative bills and budget proposals are introduced in our Unicameral, the attendance at this meeting will be vivid in their minds. I urge you to create car pools, to invite relatives, neighbors and friends to come with you. If we do our job well at this time, the task will be easier when critical legislative budget consideration is being made.

Looking forward to seeing you on the 3rd.

Sincerely,

Leighton L. Goodrich, President
The Greater Omaha Association for
Retarded Children, Inc.

NEW HEADQUARTERS TO OPEN IN LONE STAR STATE

President Francis E. White announced today that the new Texas headquarters of the National Association for Retarded Children will officially open in the Dallas-Fort Worth area on Monday, August 17. Mailing address of the new national office is 2709 Avenue E East, Arlington, Texas, 76010.

Mr. White announced also that the present NARC headquarters office in New York City will close on Friday, July 31.

HOW TO COMMUNICATE

Western Union is now offering a "Personal Opinion Message" at greatly reduced rates to anyone who wants to send a brief message to a public official, State Legislator, U. S. Congressman, or even the President.

Wire messages are limited to 15 words or less and may be sent from any spot in the nation, with your name and address included, for a flat rate of 30 cents. Signatures are limited to one family name or, one individual's name and organization.

Be sure to tell the Western Union Operator that it is a "Personal Opinion Message" and verify the 30 cent rate.

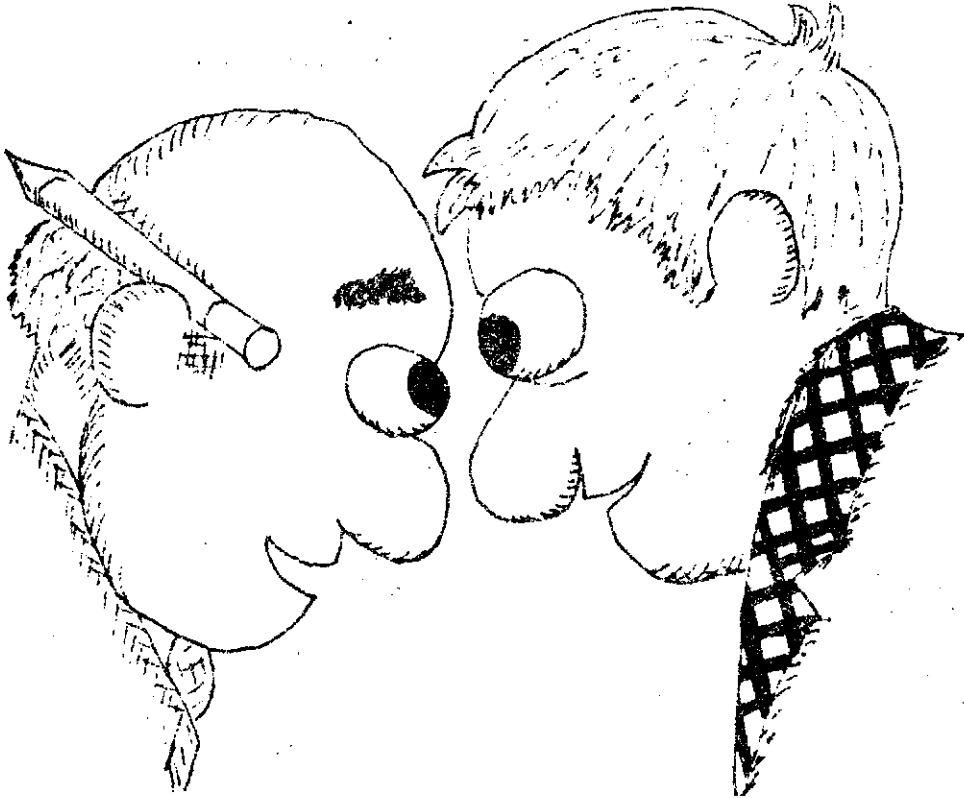
This is a small price to pay to make yourself heard.

A POEM

Are you an active member, the kind that would be missed?
Or are you just contented that your name is on the list?
Do you attend the meetings and mingle with the flock,
Or do you stay at home and criticize and knock?
Do you take an active part and help the work along,
Or are you satisfied to be the kind that says, "I just belong?"
Don't be just a member, but take an active part,
Come to the meetings and help with hand and heart.
Think it over, folks; you know right from wrong.
Are you an active member, or do you just belong?

-- Author Unknown

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EYEBALL TO EYEBALL

TO: All GOARC members and Friends of the Retarded
FROM: Wilma Mills, Program Chairman
RE: General Membership Meeting

September 3, 1970
8:00 P.M.
First Federal Savings & Loan Association
2101 South 42nd Street

The State Legislative candidates from our area, whose names appear on the November ballot, have been invited to tell us what they believe can be done for the retarded in our state. This will provide parents and friends of the retarded the opportunity to meet each candidate and hear his view point.

We need you. Won't you come and meet your Legislative candidates, EYEBALL TO EYEBALL.

GOARC GAZETTE

608 BARKER BLDG

OMAHA, NEBRASKA

68102

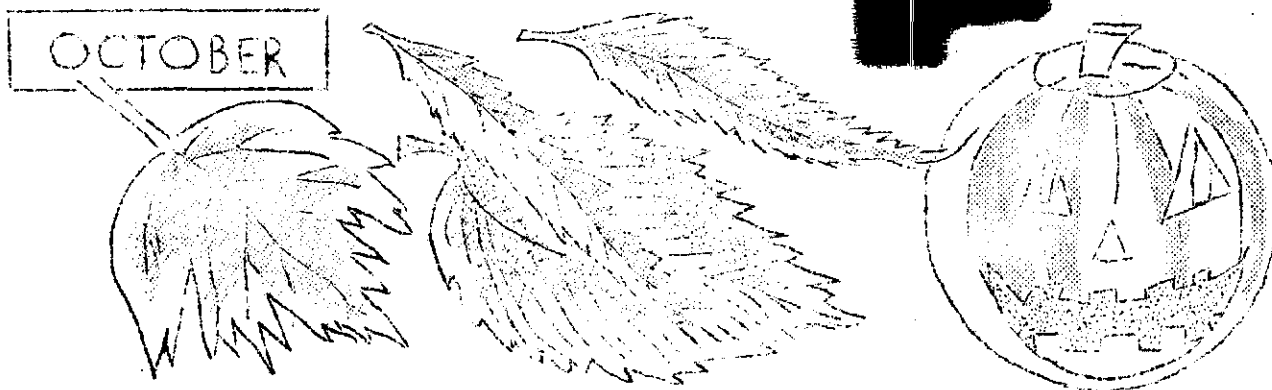
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Volume 3 Number 8

OCTOBER ISSUE

October 1970



3035 Belvedere Blvd.
September 9, 1970

Dear GOARC Members

We would like to thank all the GOARC members for all you did for us while Dana was in the hospital.

The knowledge that we could get to and from the hospital no matter what the circumstances, was most reassuring and relieved us of a very great worry.

Would you please pass on our thanks to all concerned and please know we will be forever grateful to each of you and GOARC for your thoughtfulness.

Sincerely,

Tom & Fran Porter & Family

(Editor's note: Six months ago, Dana Porter was hit by a truck. This accident left him unconscious for almost two months. Slowly Dana has been making progress; he sits alone, can stand with a hand to steady him and is getting his speech back. He attends twice-weekly therapy sessions at CRI and we are hopeful that in the near future Dana will return to special education classes.)

The following article reprinted from the RAN NEWSLETTER, Beatrice, Nebraska

EXPERIENCES OF A RECIPIENT

John Bynum was born June 15, 1925, in Chicago, Illinois. His mother died shortly after his birth and his father died a few years later leaving only John and his brother, who is some fifteen years older. Both John and his brother moved to Omaha. The brother was trying to care for John and did enter him in school in the Omaha school system, but he only lasted for a couple days due to grand mal seizures, and the brother at that time had no idea what to do for John. He went through commitment procedures and on August 31, 1932, John was committed to the Beatrice State Home.

John grew up in this institutional environment and eventually began to do odd jobs for the institution staff being placed in the hospital doing janitorial and other custodial work. John spent a total of thirty-seven years in Beatrice. During those years he spent occasional summer vacations with his brother in Omaha, and throughout his stay, voiced the request that he wanted to return to Omaha and live with his brother.

In early 1969 his brother discovered there was an agency in Omaha serving the retarded providing vocational training; and with this incentive in mind, he decided to ask for John's release and his return into his home. John returned to Omaha and after a short, getting-acquainted period with the family and the city of Omaha, he was brought by his brother to the DVR office requesting vocational training in an area where John could be reasonably self-sufficient. He had been previously diagnosed as severely and mildly retarded with an IQ ranging from 30 to 56, depending upon the tester and the time of the test; and there was really not much hope held for John's complete independence.

John has a deformity of his left ankle which has been present from birth, which causes him to walk with a limp; and he has a very serious speech problem in that his speech patterns are barely discernible, especially to strangers.

These problems, coupled with his retardation and the fact that John is black, certainly would not make him a prime candidate for vocational rehabilitation. However, John was authorized work adjustment training at the Douglas County Vocational Services Center, which is established to serve the retarded. John's determination, plus the whole-hearted support of his brother and sister-in-law, soon made it evident to the training staff at the vocational center that John was definitely employable in the community in some capacity. Due to John's background in hospital custodial work in the institution, it was decided to take advantage of this previous training and to make an attempt to place him in a similar situation in Omaha.

In coordination with vocational training staff, the DVR counselor secured a job interview at a local establishment for John involving custodial work for which it was felt he was fully qualified. The DVR counselor, of course, had laid the necessary previous ground work to insure that during the interview all parties were aware of the situation, John's retardation and institutional background, and that the interview would be conducted with the complete understanding of the situation. One serious problem arose during the interview, of which none of us are very proud, but it is worthy of note because it attests

(continued on Page 3)

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to John's understanding of his own personal problems. As it turned out, the employer had not understood that John was black; and during the course of the interview, it became very apparent that one way or another he would not hire a black worker. Not only was this apparent to the DVR counselor and the vocational training staff, but it was also quite evident to John; and as the party left the terminated interview, John remarked that sometimes it is very difficult to tell who is retarded in this world today.

John returned to his vocational routine at the vocational training center and within a short period of time, a job was arranged in a local hospital in the kitchen as a dishwasher. Through frequent follow-up during the early periods on the job, it became evident that John not only could capably handle the job of dishwashing for the hospital; but it also became evident that he was capable of making friends and installing himself as a capable worker on the staff. This is adequately borne out by the fact that after approximately six months on the job, John approached the hospital administrator with the idea in mind that he could wash dishes better if the kitchen were remodeled. In fact, John presented a plan to the administrator, which involved moving the various facilities to put them more directly in line with his needs. The hospital administrator fortunately also believed in John's dedication to doing the best job possible and took his plan to the hospital engineering staff, who agreed to the requested modifications; and as soon as they made funds available, they did remodel John's kitchen.

In the past year we have seen this story repeated with other retarded workers; but it still remains for John to be the inspiration, not only for his fellow retarded workers, but for the staff of the vocational training center, as well as those of us assigned to the DVR office.

GO LITTLE RED!!!

A little red flash was reported to have been seen by the ENCOR recreation staff in the areas of Hanscom, Benson, and Elmwood Parks. The ENCOR staff stated they first saw the flash at their Day Camp Sessions. The flash appeared each time one of the children needed something or was just about to fall out of a swing.

Following this report, subsequent other reports have been made regarding "Little Red" (as she affectionately came to be called), be the Thursday bowling participants, the Wednesday Swim-Gym participants, the house parents and residents of Howe, Harney, Cummings, and Hamilton Hostels, and it has even been reported that Little Red has been sighted by residents from as far away as Minnesota.

It has been noted that because of the radiance of the Little Red flash and the warmth and light generated by her, retarded children and adults have been held up in water and guided through excercises at Swim-Gym. Individuals at the Tuesday evening ceramics class comment that the Little Red flash appeared every week and that enthusiasm and fun were at their peaks.

The benevolence of Little Red is far reaching. Harold Edward reports that the Red Flash appeared in his hospital room on his birthday and left him an Etch-a-Sketch. Margo Fortune reported that the Red Flash left her a box of chocolate chip cookies for her trip to Minnesota. Tom Miller reports....ah, Tom Romick states that "Little Red" was always there wen I needed her.

Efforts have been made by ENCOR to apprehend and harness the warmth and enthusiasm of the "Little Red", but to no avail. "Little Red" was last seen in Omaha at the Eppley Airport. Our latest reports come from Provo, Utah where "Little Red" has been spotted darting in and out of dormitories at Brigham Young University.

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(Go Little Red - Continued from Page 3)

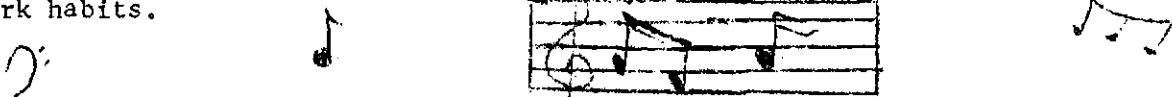
After a detailed investigation it was learned that the Red Flash, commonly known as "Little Red", was actually Miss Lynell Waterman. Many thanks go to Lynell for her good and constant service to the retarded. Lynell not only programmed and participated in programs for the ENCOR Recreation Department but also shared herself personally with scores of clients.

Lynell, Tom Romick would like to know, "Where do you get your go, LITTLE RED?"

VOCATIONAL SERVICES CENTER

So far so good with our hepatitis situation. Everyone has cooperated well with our added health measures and we have no further cases to report. Our original sick boy has recuperated (although he has a bad cold now) and will probably be back to work next week after we can get the doctor's certification that all is well. ##

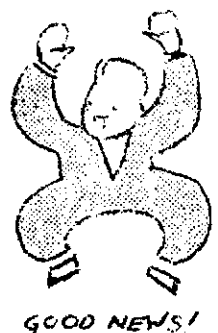
We are going to have music here very soon to soothe the savage beast within us. MUZAK will install their equipment in our shop next week (thanks to a donation from Mrs. Christensen's ladies group) and we'll have programmed background music. We are hoping this will help break the routine of the day for our people and send them home in a better frame of mind, while at the same time helping us to stimulate better work habits.



We have recently held a series of meetings (Parent Group Advisory Committee) to prepare a policy statement to govern our workshop activities. We are hoping to have a firm statement for all to review at our next general parents meeting which will be held in the lunchroom at 8:00 (Wednesday evening) October 7th.

WORK STATION IN INDUSTRY, FIRST IN NATION

As many of you know, the idea for a work station in industry was first discussed almost a year ago. Since then there have been numerous proposals submitted, rejected, revised and re-submitted. There have been countless man hours invested in bringing this idea from a dream to a reality. Of the scores of people who have helped in this endeavor, the one who comes to mind first is our Contract Procurement man, Bill Tooher. For the last 5 months, Bill has been putting in almost as much time at Lozier Corporation as he has at the workshop. But is has all paid off, for at 8:30 AM last Thursday, Larry Shearer, Charles Traster, Bob Dyson, Mike Jorday, and Supervisor Bill Gossin punched their time cards at 4402 North 22nd Street. This address belongs to Lozier and we have our work station in industry.



Never before has an industry in the United States granted any of their floor space, so that a work station for the retarded could be established in that industry. We feel very privileged and proud to be working with the people at Lozier who have helped make this possible. The very concept of a competent retarded worker has been strengthened and a whole new field of opportunities has opened up.

TOWARD A CITIZEN ADVOCACY SERVICE
Helen Zauha, NPI

What is citizen advocacy? Citizen advocacy is defined as "a competent citizen representing as his own the interests of another person who is in some way impaired or handicapped." Many individuals are impaired or disadvantaged in such a way and/or to such a degree that they cannot adequately satisfy their major needs, or represent their own interests in society. Such individuals need other citizens who, in important functions, act for them or with them, and who vigorously support, represent, and safeguard their interests.

What services can a citizen advocate provide? This depends on the needs of the handicapped person. Advocacy roles range from formal to informal, and from short-term to long-term, or even life-long. Formal advocacy roles might include adoptive parenthood, guardianship, and trusteeship for property. Informal roles include friend, guide, and what has been called "guide-advocate." Some advocacy roles emphasize close relationships, and exchange of affection and concern. Others are more involved with practical problem-solving. Many roles fulfill both areas of need.

Perhaps the most "perfect" type of advocacy occurs when a citizen chooses to adopt a handicapped and neglected child. A less demanding role would be to provide transportation, clothes, counsel, or other services for the handicapped child of a family who loves and accepts the child, but lacks the means to solve the child's problems. An advocate could make certain that every child gets the education and training which the community has a responsibility to provide. Advocates could sponsor children without (adequate) family ties by visiting them, giving them gifts, or taking them on trips or to entertainments. Retarded adults can be assisted in such practical matters as managing money, finding and maintaining living quarters, securing jobs, and learning how to use transportation services. Citizen advocates can give friendship and emotional support by offering companionship, and by sharing worship or the observance of holidays and special occasions.

A person who is returning from the institution to live in a community hostel or apartment will need social experiences in the outside community. A special relationship would be desirable for each person since hostel and other service personnel must relate to so many persons. An advocate for a young retarded adult can contribute much to the successful adjustment or readjustment of his protege, keeping him out of trouble, teaching him how to use his free time well, and offering advice and support in time of stress and crisis. Advocates and young retarded persons of the same age could share apartments, sharing skills and fellowship, making more independent apartment living possible for the handicapped roommate.

Many parents of retarded children are willing and able to look after the interests of their own child as long as they are able, but have great fears and misgivings about their child's future when they are no longer healthy or living. Citizen advocacy could be the means of providing parental successors who would continue to give compassionate, individualized attention to the retarded person and preserve the overall type and quality of life that he enjoyed with his real parents.

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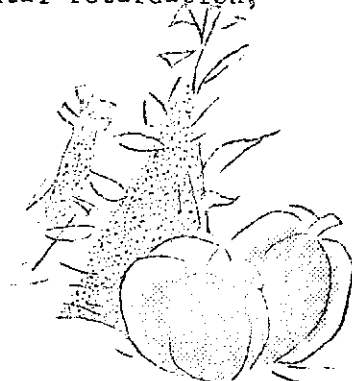
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However, volunteer efforts such as citizen advocacy will never work unless coordinated and backed-up by advocacy offices. The advocacy office attracts, selects, orients, guides and reinforces citizen advocates. This office will assess the needs of a person for advocacy, as well as the abilities of the citizen volunteer to contribute through advocacy. Advocate training will be directed by the office with emphasis on commitment to the concept, understanding of the handicapped person's condition, laws concerning the rights of the handicapped person, services of potential use to him, and many other areas of action. Furthermore, advocacy offices can provide practical assistance to advocates, and mediate legal and professional services that may be needed by the advocates, and mediate legal and professional services that may be needed by the advocate and his protegee.

Both the Nebraska State and Douglas County Plan's for Services for the Mentally Retarded have proposed advocacy services as one of the more important goals. Even though advocacy as an idea was drawn up in Omaha, the first two advocacy services in the nation are being operated in Lincoln. Leola Novak coordinates a pilot project sponsored by the Capitol Association for Retarded Children which presently has 35 advocacy relationships of various types, and Julie Meyerson coordinates youth advocacy activities at the Beatrice State Home from the State Office of Mental Retardation.

Now that GOARC and ENCOR are separate operations, it is appropriate that the Greater Omaha Association for Retarded Children consider a commitment to the establishment of a formal citizen advocacy service. The reason GOARC should develop the advocacy service instead of ENCOR is that ARC sponsorship of advocacy offices preserves their independence from the public service system securing the best possible treatment for proteges, since advocates may at times oppose decisions of that public service system. An advocacy service can improve as well as support ENCOR services through citizen concern and participation. In addition, the establishment of a new service can give GOARC a sense of continued purpose.

Three Citizen Advocacy Leadership Training Workshops will be held this winter, two at the Nebraska Psychiatric Institute in Omaha, and one at the Regional Health, Education and Welfare Offices in Kansas City. The program is being directed by Dr. Wolf Wolfensberger and coordinated by Miss Helen Zauha. Participants in the program will be parents, citizens, and professional leaders who are apt to initiate, fund, head, operate or utilize advocacy services. About 30 percent of those attending the workshops will be from human service areas other than mental retardation. Even though the citizen advocacy movement is getting its start in the field of mental retardation, chances are very good that in time it will spread.



ENCOR RECREATION

The ENCOR Recreation Department has a new staff member -- Mrs. Deborah (Debbie) Ricks. Debbie will be programming activities and planning parties for children. One of the first activities Debbie has planned, is a party for children on Saturday, October 10. Details will be sent home in a flyer with all of the children in the appropriate age range.

The new Swim-Gym Program for the fall will start on Saturday, September 26 at 9:00 AM. This program will last for 8 weeks; the last session being held on December 12. In addition to swimming, there will be arts and crafts. The Swim-Gym Program will be from 9:00 AM to 1:00 PM each Saturday morning at the Christ Child Center, 10th and Williams Street Omaha. For more information, please call the ENCOR Recreation Office, 556-8229.

There are several new and innovative programs starting this fall for the young adults.

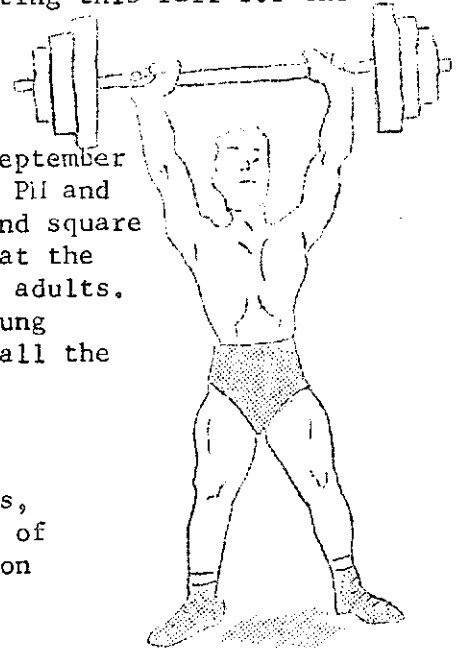


SWIM-GYM DANCE PROGRAM

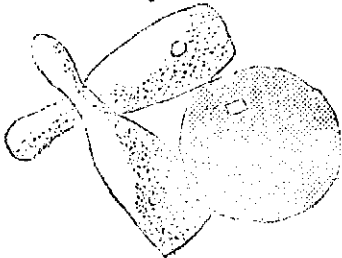
Starting on Monday evening, September 21, between the hours of 6:45 PM and 9:00 PM, an eight week swim and square dancing program will be held at the Christ Child Center for young adults. This program is open to 40 young people ONLY. So, hurry and call the ENCOR Recreation office.

PHYSICAL FITNESS PROGRAM

Starting on Wednesday evenings, October 14, between the hours of 7:00 and 9:00 PM, at the Benson Community Center (across the street from the Vocational Services Center) a physical fitness program will be available to all young adults. For info please call TOM at 556-8229.



In addition to the above, the regular Tuesday evening Ceramics classes at the Howe Hostel and the Thursday afternoon bowling at the Ames Bowling Alley will continue as usual.



INITIATION OF A MENTAL RETARDATION MANPOWER DEVELOPMENT STATION AT NPI

Dr. Al O'Dell, NPI

Movements in history are difficult. We proceed boldly in the knowledge that every historical movement of any significance is rooted deeply in the thoughts and lives of men. This state has experienced a radical change in outlook and response to the phenomenon of mental retardation. In the space of two or three years, small community-based services for the retarded have sprung up across the state. Workshops, hostels, day care centers; and now apartments, behavior shaping units, and crisis assistance units; all of these are giving the retarded the kind of normalizing influence and developmental approach that will set them in the direction of the realization of their fullest potential.

It is this outstanding growth in service, and the intent that they continue to grow, that has led to the need for a Mental Retardation Manpower Development Station at NPI. Dr. Wolfensberger heads the station, assisted by Dr. Al F. O'Dell as full-time coordinator.

The major aim of the Station is to train personnel to become, or become better qualified in initiating, directing, evaluating, and rendering mental retardation services. Also, leadership personnel will be trained to become trainers themselves.

Training will take a number of forms, from lectures to workshops to tutoring, on a one-time as well as sustained basis, in Omaha as well as elsewhere in the state. Already the Station had conducted a nine-day and a three-day leadership training sequences. Both of these sequences were attended by administrative and staff personnel, parents of the retarded, and youth RC. Presently, a sequence is being planned for personnel operating Developmental Day Care Centers. It is hoped that this sequence can be presented at three different locations across the state. In addition, a program is being planned to train young people to become skilled baby sitters for the retarded. A recent SWEAT graduate, Ruth Stephenson of GOYARC, is working closely with Drs. O'Dell and Wolfensberger.

A partial list of the many and varied functions performed by the Manpower Development Station would be:

1. Formal regularly-scheduled training sequenced for MR personnel in programs around the state, both new personnel as well as continuing personnel not yet oriented to the new concepts of the field.
 2. Workshops and lectures on specific topics.
 3. Conduct MR career development events for high school and college students.
 4. Development of teaching and demonstration aides, such as transparencies, slides, etc.
 5. Development of a file of names of individuals who may become eligible for or interested in work in MR in Nebraska; and mediation between agencies and such individuals, or among agencies so as to assure that everyone who could make a contribution in MR is fully utilized.
- (continued on Page 2)

At this point, the Station is in an early developmental stage. Certain objectives are quite clear, the main one being to be a service organ for our MR personnel across the State. As the months go by, our State-wide needs and the ways of best responding to them should become more clear. You will be kept informed of developments within the Station, and its activities. In the meantime, suggestions, comments, personal visits to the office are welcome.

The GOARC Board of Directors met on September 21 at the Vocational Services Center.... Evelyn A. Zysman rendered her resignation -- regretfully accepted.... Brian R. Lensink appointed to fill Board vacancy.... Bill Higgins reported that his Ad Hoc By-Laws Committee was swamped; but they hope to have a written proposal for the next Board meeting.... Allen Gilmore reported that GOARC membership has almost doubled since June -- go to it, Allen.... Wolf Wolfensberger announced that the schedule for this year's film symposiums have been mailed to all GOARC members; hopes everyone will come to at least one session -- he has already started two special interest groups; two more are coming soon.... Brian reported that 4 young women and 4 young men from the hostels have moved into an apartment complex --- these young people are completely self-supporting.... ENCOR is looking at property near 42nd and Douglas for its Central Offices.... two new ENCOR Vocational Services Centers are scheduled -- in December, Sarpy County; and in January, Fremont.... total ENCOR staff is 103.... GOYARC is working with Wolf Wolfensberger to set up a "baby sitting" training program....

The ENCOR Recreation Department entered 25 of our clients in a variety of areas at the recent Douglas County Fair held in Waterloo. Two of our clients, Ada McCall and Ed Stone came away winners! Ada took 2nd prize (\$1.00 plus a ribbon) with her hand embroidered dresser scarf; and Ed took 3rd prize (\$.50 plus a ribbon) on his pencil sketches.



Dear GOARC Member:

The first General Membership meeting of this new year proved the meeting room at the First Federal Savings and Loan Building is not too large for our Organization! Although numbers are important, the interest and enthusiasm shown by those attending made this first gathering a success.

Nine State Legislative candidates appeared on our program and in one way or another indicated the kind of support we could expect from them if elected. One incumbent was unable to attend because of last minute business obligations; however, he submitted a statement which was read by his representative. We hope this presentation will make our members more confident in their voting selection this November.

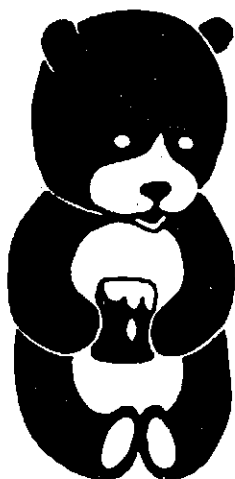
Our Legislative Committee learned there is still a great need to expand the knowledge of the Legislative candidates concerning our philosophy or ideology of services for retarded citizens. Many candidates indicated strong conservative leanings and it is apparent they must be made to realize that an investment in "human worth" will produce economic returns to our community in addition to the humanitarian aspects.

As GOARC members, we have an obligation to keep our representatives well informed. To be effective, we must be well informed about the goals and philosophies concerning retarded citizens. This can be accomplished if you will take full advantage of the opportunities and privileges your association makes available to you.

We have seen "miracles" happen these last few years --- because parents, relatives and friends of the retarded have chosen to support our organization and the ideals for which it stands.

Sincerely,

Leighton L. Goodrich
Leighton L. Goodrich, President
The Greater Omaha Association for
Retarded Children



TO: All GOARC Members and Interested Individuals

FROM: Robert L. Clark, Executive Director

RE: HONEY SUNDAY, NOVEMBER 22

HONEY SUNDAY, the annual state-wide fund raising campaign of the Nebraska State Jaycees and the Nebraska Association for Retarded Children, is rapidly approaching.

On Sunday afternoon, November 22, from 1 to 5 p.m., more than 1500 Jaycees, GOARC members, and civic-minded teenagers and adults ARE NEEDED to canvass the Omaha area offering attractive 12 oz. containers of top quality honey. (This year's honey was the top winner at the State Fair). The price remains the same -- \$1.00! More than 70% of the gross from this massive honey sale will go directly to support state and community programs benefiting all of Nebraska's retarded children and adults.

The Omaha Jaycees and GOARC are pledged to make this campaign a whopping success. To do this we need your help!!

Would you please answer the questions on the following page and return that page to:

HONEY SUNDAY CAMPAIGN
GREATER OMAHA ASSOCIATION FOR RETARDED CHILDREN
603 Barker Building
Omaha, Nebraska 68102

If you live outside Omaha, in a community where a separate HONEY SUNDAY CAMPAIGN will be conducted, and if you can help, we will refer your name to the campaign chairman in your community.

HONEY SUNDAY NOVEMBER 22

All Omaha proceeds will benefit the Greater Omaha Association for Retarded Children and the Madonna School for Exceptional Children

608 Barker Building

Omaha Nebraska 68102

Telephone 346-6338

1. Can you or any adult member of your family serve as a driver on November 22 and provide transportation for a team of neighborhood solicitors? Yes No.
2. If you can serve as a driver, will you recruit and bring along your own team of 3 or 4 teenagers or neighbors? Yes No
3. Do you have a preference for the area of town in which you would like to work? Yes No
4. WHETHER OR NOT YOU TAKE AN ACTIVE PART AS A DRIVER, can you suggest any youth organization, school, fraternal, or scout groups, with whom you have contact as possible workers in our HONEY SUNDAY CAMPAIGN? Yes No

If yes, please list the names of the groups, their leaders, and the leaders' address and phone number

	<u>NAME</u>	<u>ADDRESS</u>	<u>PHONE</u>
1.			
2.			
3.			

5. In order to conserve time, which of these groups could you contact and which groups should be contacted by our office, in regard to HONEY SUNDAY?

- a) I will contact Group No. 1 2 3
- b) GOARC Office should contact Group No. 1 2 3

If you cannot provide your team, team assignments will be made well in advance of HONEY SUNDAY. Maps will be provided, your nearest Distribution point will be reported to you, and any additional information will be reported to you as the plans and organization for this drive get into high gear.

Thank you for your assistance in helping us with HONEY SUNDAY!

YOUR NAME _____

YOUR ADDRESS _____

YOUR PHONE _____ ZIP CODE _____

ROSTER

NEW MEMBERS

EDGERTON, Mr. Richard L.	4705 No. 80th	391-2872
FIEDLER, Mr. & Mrs. Donald	300 Keeline Bldg.	291-0446
GARRO, Mr. & Mrs. Joseph	4256 A Street	558-0384
GLENN, Miss Linda	3928 No. 42nd	451-2878
HAMILTON, Mrs. Eva Mae	3334 No. 39 St.	451-8407
HARMER, Mr. & Mrs. Frank	6318 North 63	453-6452
HENN, Mr. & Mrs. Ronald	3860 Parkview Dr.	572-8283
HUSE, Mr. & Mrs. Frank	6005 So. 35th	734-2096
KAILMAN, Mr. Ron	5013 Cuming	558-3155
MASON, Mr. & Mrs. Bruce	11905 Wakeley Pl.	333-3759
O'BRIEN, Mrs. Elsie	4225 Fowler Ave.	453-1035
PETSCH, Mrs. Mary	5917 Fort	455-8408
ROMICK, Mr. Thomas	1647 Deauville Dr.	333-5123
ROSSO, Mrs. William	3721 No. 60th	451-3978
SCHLESSELMAN, Mrs. Mary	612 No. 30th	345-6713
SCHRAM, Mr. & Mrs. Jack	1624 No. 107	397-4615
WATSON, Mrs. Edna	3826 North 17	455-5024
WILLIAMS, Miss Catherine	2830 Charles	345-4075
ZUBRICK, Mr. & Mrs. Alex.	2506 Benson Garden	391-1582

RENEWED MEMBERS

ANDRADE, Mrs. Sarah	3920 T Street	733-5259
EICHLER, Mr. & Mrs. Bernard	9731 Hascall	391-6520
FERRAGUTI, Mr. & Mrs. Louis	4373 Barker Ave.	556-5820
KRAFT, Mr. & Mrs. Donald	3412 South 126th	333-7990
KULAKOFSKY Mr. & Mrs. Arthur	218 South 93 Ave.	391-7150
MARGHETTI, Mr. & Mrs. Peter	420 North 41 St.	551-1229
SMITH, Mr. & Mrs. Ron	2828 South 87 Ave.	391-5906

Please detach this sheet and include with the 1970-71 GOARC General Membership list.

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	9:00 to 3 1:00 Swim-gym Christ Child Center GOYARC Beatrice trip
4	6:45 to 9:00 5 p.m. Swim-Square Dance, Christ Child Center CHAP Parents 7:30 CHAP School	6	CHANCE Dev. 7 Center Parents 7:30 at CHANCE Benson V.S.C. 7:30 p.m.	South Dev. 8 Center Parents 7:30 p.m. ENCOR Govern- ing Board, 7:30	9	Swim-gym 10
11	Swim-Square 12 Dance Sarpy Dev. Cen. Sarpy Parents 7:30	13	14	Parent Ed. 15 Film Symposium 8:00 Benson V.S.C.	16	Swim-gym 17
	A.A.M.D. Region VIII 24 th Annual Conference - Winnipeg, Canada					
18	Swim-Square 19 Dance 8:00 GOARC Bd. of Directors V.S.C. 6001 Military Ave.	20	7:00 to 9:00 21 p.m. Physical fitness prog. Benson Com. Cen Madonna Parent 7:30 Madonna School	Dist. #66 22 Parents, 7:30 Arbor Heights Jr. High	23	Swim-gym 24
25	Swim-Square 26 Dance	27	7:00 to 9:00 28 p.m. Physical fitness prog.	Parent Ed. 29 Film Symposium 8:00 Benson V.S.C.	30	Swim-gym 31
			NARC Annual National Convention -- Minneapolis, Minnesota			

HOSTEL ADVISORY GROUP STARTS

Parents of children living in all the hostels met September 21 at the Men's Hostel.

Parent representatives from each hostel volunteered to serve as an Advisory Committee to the Director of Residential Services.

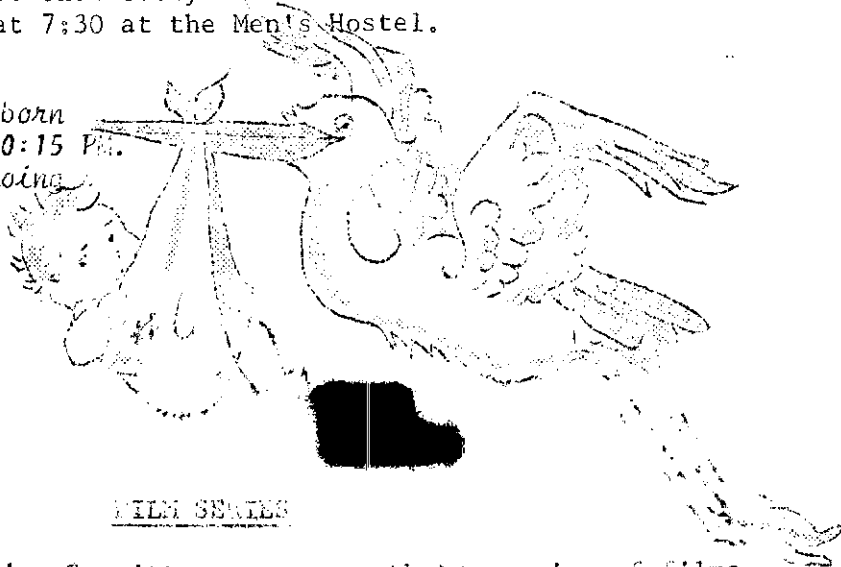
This group is composed of the following members:

Children's Hostel	Mr. & Mrs. Paul Tamisiea
Pre-Vocational Hostel	Mr. & Mrs. Levell Wynn
Women's Hostel	Mr. & Mrs. Larry Schomer
Men's Hostel	Mr. & Mrs. Joseph Schultz
Apartments	Mr. & Mrs. Raymond Serafini

The committee will report to other hostel parents when necessary and in the next month will start formulating guidelines for the group.

The Advisory Committee will meet once every two months after their next meeting which is scheduled for October 19th at 7:30 at the Men's Hostel.

Miss Amy Beth Menolascino was born Wednesday, September 16th at 10:15 PM. Both mother and daughter are doing fine.



FILM SERIES

The GOARC Parent Education Committee announces that a series of films dealing with all aspects of mental retardation will be shown. At least twenty-six films have been reserved for showing at the Vocational Services Center. All meetings will begin at 8:00 PM, approximately every two weeks until the end of April, 1971. At each meeting, knowledgeable parents and professionals will be present to answer your questions and serve as discussants. You are invited to bring interested friends and relatives. We look forward to seeing you! (If you did not receive the film schedule mailed this month, please call the GOARC office for your copy.)

THE EXCEPTIONAL PARENT

A new publication for parents is scheduled to begin with its first issue in January, 1971. The magazine, The Exceptional Parent, was designed to provide practical guidance for parents in straightforward terms, with articles about the practical, human daily questions, as well as issues of long-range planning, care and financing.

Subscriptions may be obtained by payment of six dollars to: The Exceptional Parent, Box 45, Newtonville, Mass., 02160.

OMAHA GAZETTE

608 BARNER BLDG

ADDRESS
CORRECTION
REQUESTED

Mrs Shirley Dean
4842 Sahler #107
Omaha, Nebraska 68104

OMAHA, NEBRASKA

68102

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Volume 3 Number 9

NOVEMBER ISSUE

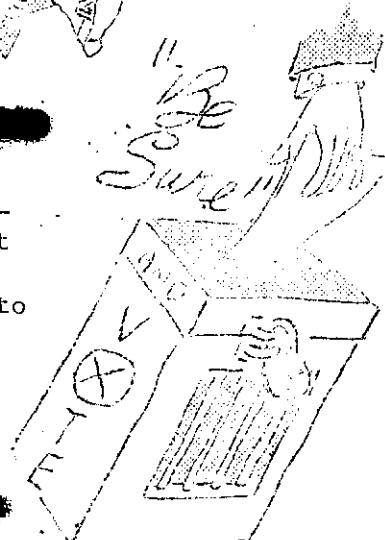
November 1970

(Published monthly by the Greater Omaha Association for Retarded Children)



VOTE - VOTE - VOTE

Don't forget that important day ---
ELECTION DAY. You can do your part
to help our mentally handicapped
children by electing the best man to
go to the State Legislature. You
showed your interest by attending
the September meeting, now follow
it up by voting November 3!!!!



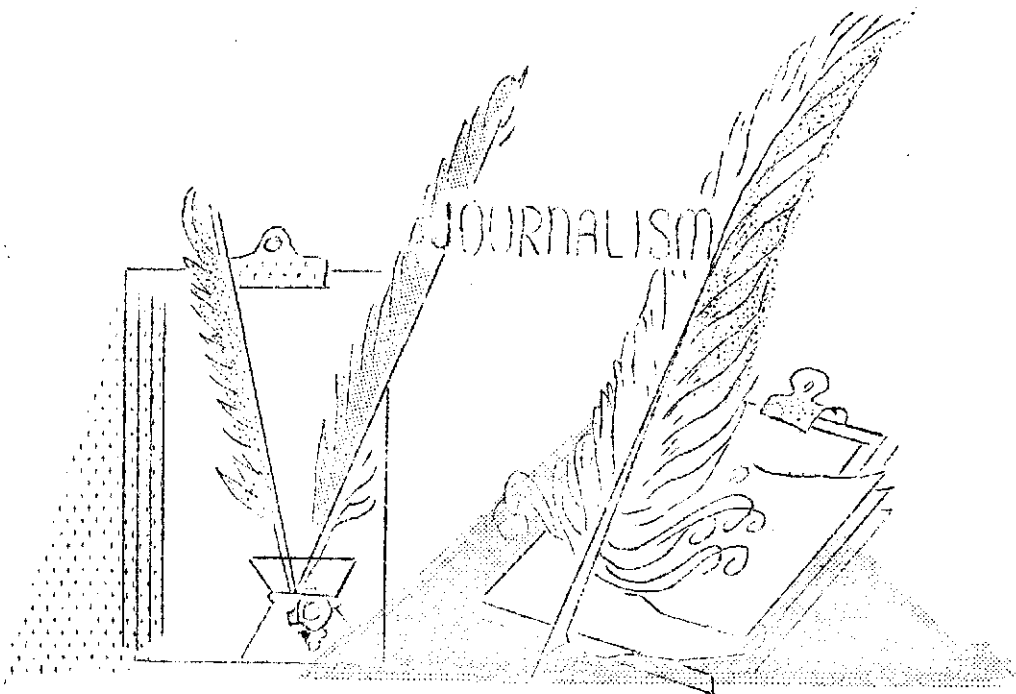
GAZETTE HAS NEW EDITOR

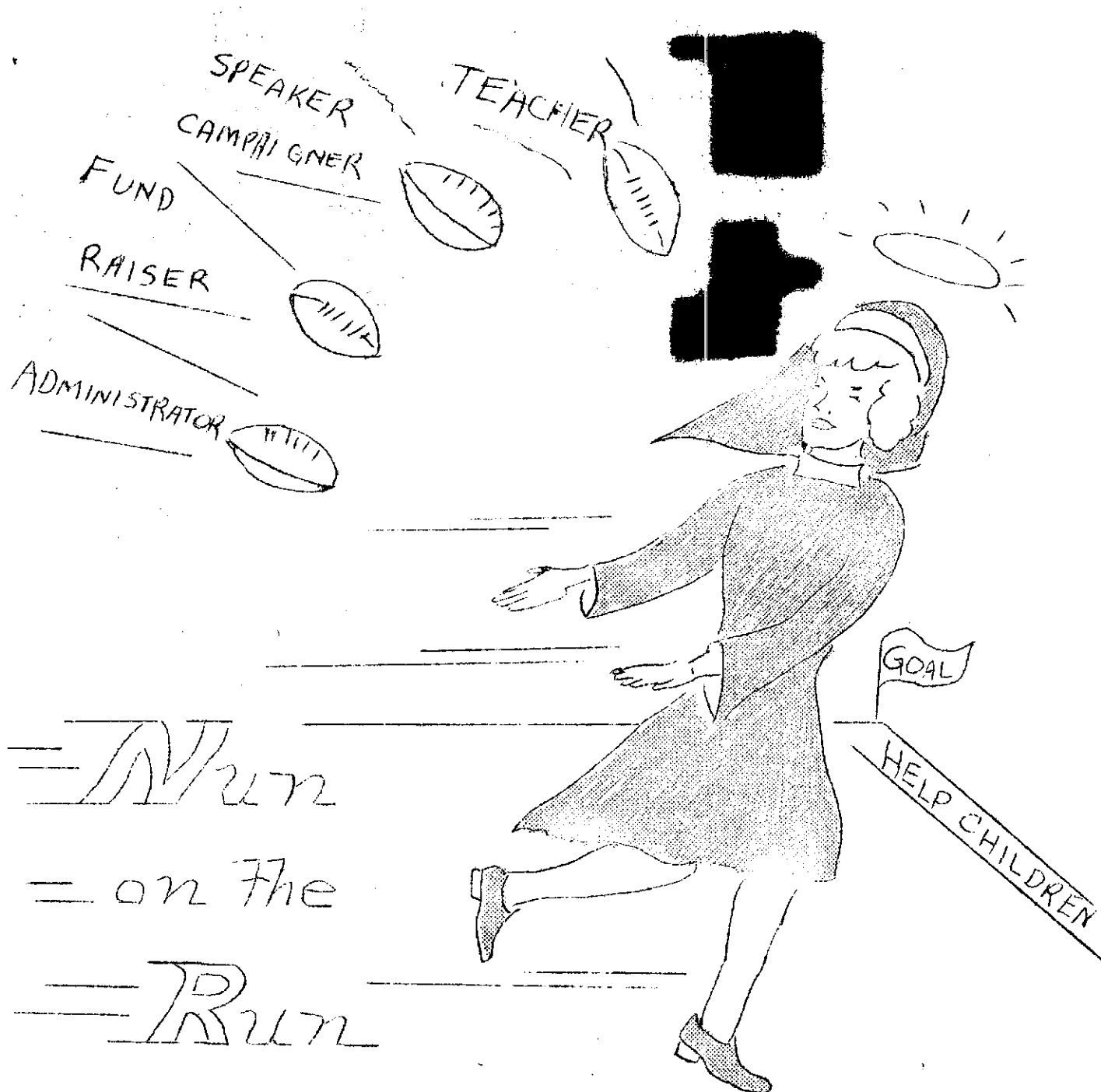
Emphasis to be on News

Jan Novicki has been appointed editor of the GOARC Gazette. She is the mother of four, including Jay, 6, a pupil in the trainable mentally handicapped program at Fontenelle School. Husband Larry is chief copy editor for the morning World-Herald.

GOARC President Leighton Goodrich made the appointment to allow former editor Judie Rasco more time to perform other public relations chores and to assist in the management of the GOARC office. Also, he hopes that the Gazette can concentrate more on gathering news. The editor is not paid for her services.

Editor Jan points out that her task will be made easier and the Gazette will be newsier if persons with items of even the tiniest interest would call her at home (393-7458) or mail articles to: Mrs. Jan Novicki, 9635 Sprague Street, Omaha, Nebraska 68134.





Nun...teacher...janitor...fund-raiser...speaker...lover of children ...all these are Sister Mary Evangeline, head of Madonna School.

She was born and raised in Kansas City, Missouri. Her family consists of two sisters; one is the mother of nine children living in Omaha, while the other sister resides in Kansas City with an aunt.

Sister Evangeline has always worked with children. She first taught the primary grades at St. James and was assistant housemother to thirty-five little boys, which meant getting them all ready for bed. She bounced back and forth from Missouri to Omaha and finally to St. James where she taught four mentally retarded children who couldn't attend public school. Neighbors found out

(continued on Page 4)

there was a nun teaching only four children and they brought their children to her. That was the birth of Madonna School. Sister Evangeline started with six children, herself as teacher and one room. The second year she had ten children, one tutor and herself. By the third year there were more children, three teachers and two rooms. 1970 finds the school in beautiful new facilities, with 64 happy children, nine teachers and volunteers.

All of this didn't just happen. It took determination, faith, and love. Sister Evangeline has plenty of each when it comes to caring for exceptional children. Have you ever tried raising \$20,000 by a certain deadline? She did, with the help of many contributors. There is still \$80,000 to be raised by January 1 in order to own the new building. She has applied to the Eppley Foundation. Her operating expenses for a month are \$4,500, just double of what she takes in from tuition. If she didn't receive donations from different organizations, the school could not function.

Sister Evangeline's day begins at 5:30 a.m. with Mass at St. Margaret Mary's Church. She arrives early at the school to open up, turn on the heat, etc., before the children begin classes at 8:30. Of course, there are teacher conferences before that. Many of her days are spent making financial contacts, transferring psychological material on the children from Creighton Medical Center, speaking engagements, and taking a number of people through the school. But she is always back at noon to have lunch with the children. Sister doesn't teach any of the classes now, except to substitute and handle discipline problems, but Sister Evangeline is really teaching all the time when she talks to the children...respect, love of others... and helping ones more unfortunate

than themselves. At 3:30 she "turns" into a semi-janitor" since they do not employ one. Many of her weekends are also spent at the school.

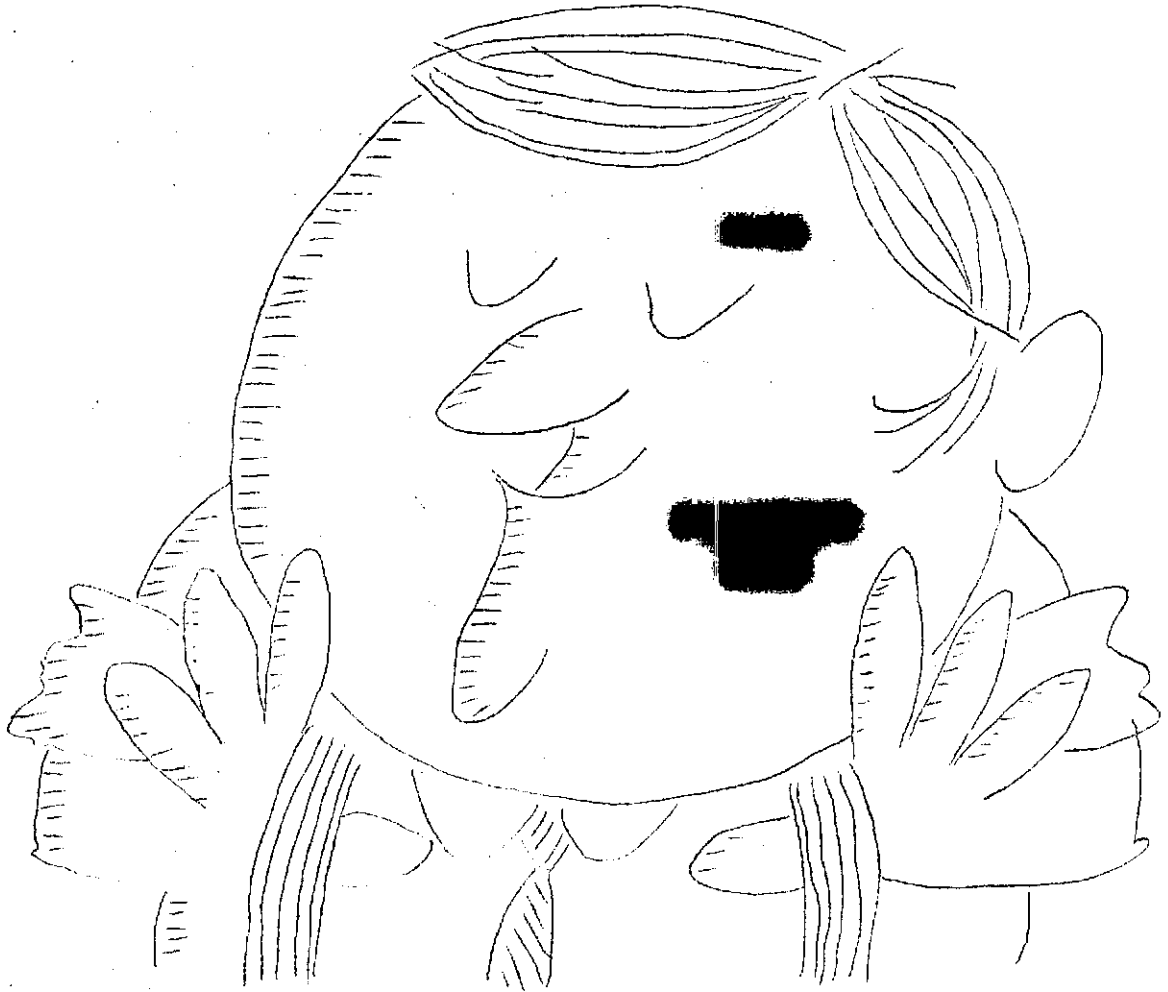
Sister's devotion to the children reflects in the faces of all who attend Madonna. When she walks into a classroom, a dozen faces light up like a Christmas tree and they are all trying to get her attention. On the day before her birthday, the children were very excited and quite secretive. The next morning, much to her surprise, a priest had come to celebrate Mass. I was at the school one morning helping out in the sewing class after Sister had had a slight car accident. The concern the children had for her was overwhelming.

A green parakeet, a birthday gift from her niece, died and her hamster caught cold, all in one weekend while Sister Evangeline was attending a Special Education Convention. She said, "That does it. No more weekend trips or heaven knows what else will happen."

Sister remarked that she can't understand why people still ask her to speak to their organizations when she says the same thing over and over. I know why...Sister Evangeline is a delightful, humorous, bubbly woman with a heart of gold, who with a few words can get you as enthusiastic over the school as she is.

-- by Jan Novicki

We couldn't let well enough alone!



At our GENERAL MEMBERSHIP MEETING, November 5, 1970,
COFFEE WILL BE SERVED FROM 7:30 TO 8:00 P.M.

To permit members more time to visit and exchange thoughts with individuals from different programs or facilities, a Social Hour is being scheduled prior to our business meeting and program.

Also, a color code has been added to the name tags to denote the type of facility with which the person is associated. This should aid individuals seeking information regarding a specific program.

We hope all of you will take advantage of this opportunity to acquaint yourselves with other programs by visiting freely with one another.

Should you have any ideas that you believe will improve our General Membership meetings, feel free to offer your suggestions.

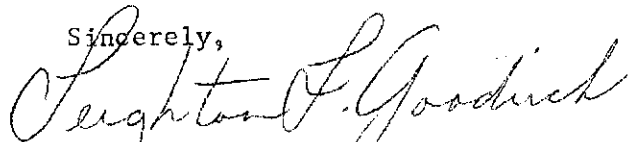
Dear GOARC Member:

A city official once defined a citizen as "an individual who expects better streets, more lighting, better garbage pickup -- better a thousand things -- without an increase in taxes." Of course increased services will result in additional expenses and people who expect differently are not being realistic or are not well informed. Comprehensive citizen involvement has proven to be the best way to improve communications and to educate the citizenry to the problems confronting the community.

It is this "involvement" that will make GOARC a vital factor in our community. When I urge members to get involved in solving the problems facing the retarded and their families, the first reason for my urging is raw necessity. Another very good reason for getting involved is that it is good for you and good for our association. You will understand our organization better if you lend a hand in solving its problems. Your allegiance to it will be deeper and more real if you have given of your own sweat to make it better. Those who ignore the problems of our society are depriving us of our best hope of solving them.

November 5 each of us will be given an opportunity to express our thoughts concerning the needs of the retarded citizens of our area. Everyone can directly contribute to the long range planning by GOARC and ENCOR. The only additional expense to you for improved services for our retarded citizens is your interest, your involvement, your support of this association. Plan now to bring a friend to our General Membership Meeting, November 5.

Sincerely,

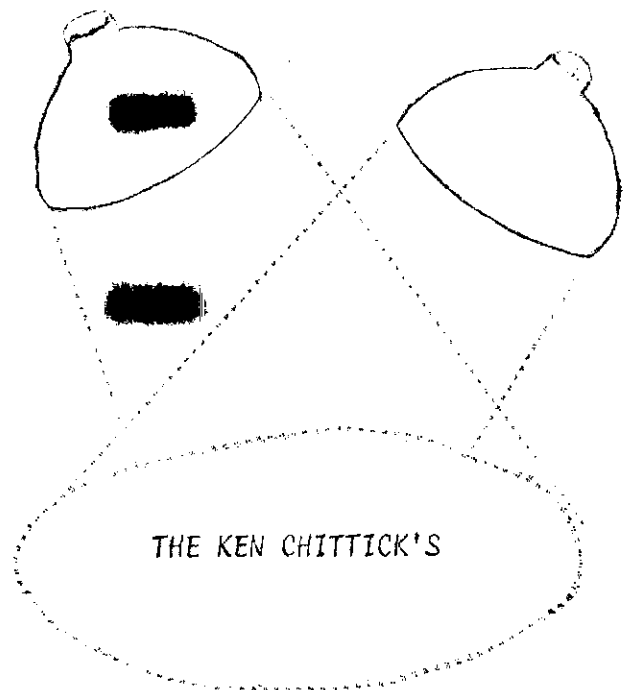


Leighton L. Goodrich, President
The Greater Omaha Association
for Retarded Children



SPOTLIGHTING FAMILY OF THE MONTH

It is fitting that we feature the Chittick's during the month of Honey Sunday. November 22 will be a big day for their friends and neighbors living on Emmett Street in Maple Village. Each year they mark their calendars for Honey Sunday and know not to make any other plans for that day. Through the years the neighbors have become very competitive, having their favorite streets and one thought in mind....SELL...SELL...SELL. The teenagers take the big Bristol Square apartment complex...they're younger and can climb all those flights of stairs much easier than their parents. Ken drives a team and also services all the other teams, while Rose stays behind to man the "Chittick Coffeehouse" and babysitting service. When the honey is all sold they return to the Chitticks for coffee, pie, and cake. Rose remarked that this is their one yearly blast and is a real neighborhood event. They have been one of the biggest sellers each year, mainly because of their loyal friends.



Ken and Rose have three adorable children. Kathy, 16 and Debby, 15 who both go to Burke High School and Kenny, 6, who goes to the Fontenelle TMH public school program. Ken has been manager of the Central Market in Rockbrook for seven years. His favorite past times are trying to improve his golf score, and going to football games. Ken works hard for the Rotary Club and is on the Board of Directors for GOARC. If Ken could list his No. 1 dislike it would probably have to be ... being held up by a couple of ruthless robbers. Rose has her hobbies and dreams too, such as the day she can sleep late. Seeing some of her beautiful paintings on their walls you know that one of her big interests along with working in her rose garden, and traveling anywhere!

Kenny attended **HELP** Nursery for 2 years before going to **Fontenelle**. He is fortunate to have such a fine teacher as Mrs. Jerry Fritzmeier. Cars, his big dog "Tippy" and going out to eat are among Kenny's big thrills.

"Did having a retarded child change your life in any way?" The Chittick's summed it up with this answer. "Yes, it changed our life greatly. We learned a kind of love you wouldn't have otherwise. Our whole family has been drawn much closer together. The fears that we had when we first found out that Kenny was retarded have been taken care of by GOARC. Fears such as what would happen to him if something should happen to us? Who would take care of him? Could he learn to make a living? The advancements that have been made by GOARC and the public school in the last three years are tremendous. Yes, having a retarded child has changed us, it has given us a direction in life and something to really work for."

The CHAP Mother's Club still has more pocket calendars for sale at \$1.25.



The Sarpy County Developmental Center will be the recipients of proceeds from a benefit luncheon and style show to be held Saturday, November 7 at 12:30 at the Bellevue Queen. The luncheon will be \$2.50. During the afternoon chances can be bought for an original oil painting. Marty Harrison is chairman for the event presented by Sally's Fashions of Bellevue. The money will be used to buy fire resistant drapes for the Center.

The U.S. Senate sent three health bills to the White House, making available \$2.5 billion over the next three years for a variety of programs. In each case, the Senate cleared compromise versions of measures passed by the House.

— 8 —

CHILDREN'S HOSTEL

The Hostel at 4525 Hamilton has taken on a new look. The long awaited playroom has been completed and stocked with new toys. New linoleum has been laid in the kitchen and dining room. The living room has a beautiful new carpet.

Jackie and Chuck Falkenroth took their group on a shopping spree to get them outfitted for the coming winter.

The children at the Hostel have been busy this month. They attended a UN at Omaha football game and are swimming every Saturday. A recreation program of crafts has been started to keep their little hands active.

A new member has joined the Hostel staff. She is Lou Breea from Reno.

TIDBITS FROM THE HOSTEL

Annie has learned to button...
Mike says "Da-Da"...
Doug and Joe are wearing glasses
Kathy no longer wears diapers to bed...
Mike is potty trained...
Doug, Joe, Carol and Kathy make their own beds...
Joe said "Bubble" and Mamma...
Mike lost a tooth...

Vickie went to Hawaii Oct. 11-19 for Dave's R&R.

ALUMNI NEWS

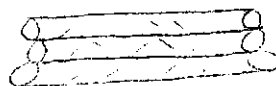
New officers were elected at the last alumni meeting held at Yvonne's apartment September 24th. The new officers are:

President	Yvonne Wysznski
Vice President	David Swift
Secretary	Ralph Williams
Treasurer	Karen Serafini
Sgt. at Arms	John Bynum

Dale Smith was elected as Public Relations Officer to work with GOARC and ENCOR. Guests at the meeting were Shirley Dean and Linda Glenn from ENCOR. Congratulations to all the new officers!

PARENTS OF MONGOLOID CHILDREN

This parent group, headed by Ken and Rose Chittick, have had two meetings. The purpose of these small groups is to create an atmosphere of intimacy and acceptance; to commune and derive solace, support and growth. Their last meeting was a picnic supper with each couple bringing their retarded child. If you would like to belong to one of these parent groups, call Shirley Dean at the ENCOR office. More groups are being formed.



Mr. and Mrs. Hammer returned from a vacation down South to attend Mrs. Hammer's parent's 50th wedding anniversary. Teresa Robinson took over while they were gone and did a fine job.

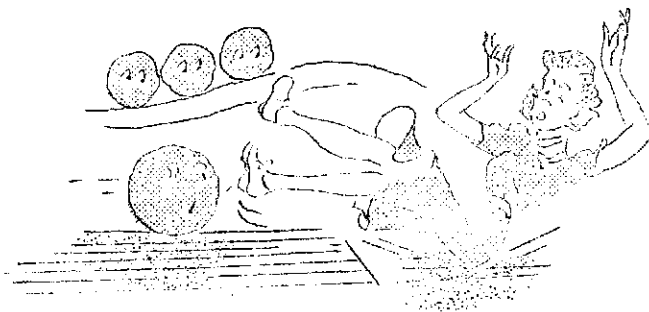
While on a week-end trip to Missouri, the Hammer's gathered firewood to bring back for that beautiful fireplace in the Hostel. All the young men agreed that it certainly added atmosphere for those chilly, rainy evenings.



MEN'S HOSTEL

The Hostel can be proud of their men's bowling team. The league consists of 14 teams and they are in 3rd place. Members of the team are Shirley Dean, Linda Glenn Jack Conrad, and Eldon Foley. Both Jack and Eldon are former residents of the Beatrice State Home. "The Sunday Swingers" are sponsored by the Townhouse Service Station. Jack has been steadily raising his average.

The welcome mat is out for the newest resident, John Dylum. John Purnell is now working at Lozier Manufacturing, and Charles Traster is employed at Bishop's Building Services. Two former residents of the hostel, Paul Whitehead and Ralph Williams, are living in apartments and doing very well.



NEW GIRL SCOUT TROOP FORMED

CHAP has formed a new Girl Scout troop for girls age 7 - 17. They meet the second and fourth Saturdays at 3:30 at the Sub-Teen Club on the base. Their leader, Linda Walden, welcomes any girls that are interested in scouting.

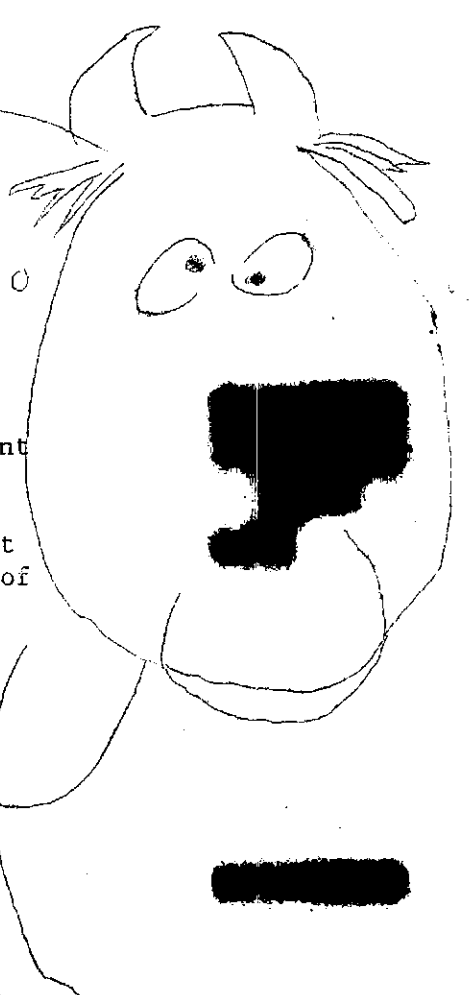
Eat steak.

GENERAL MEMBERSHIP MEETINGS

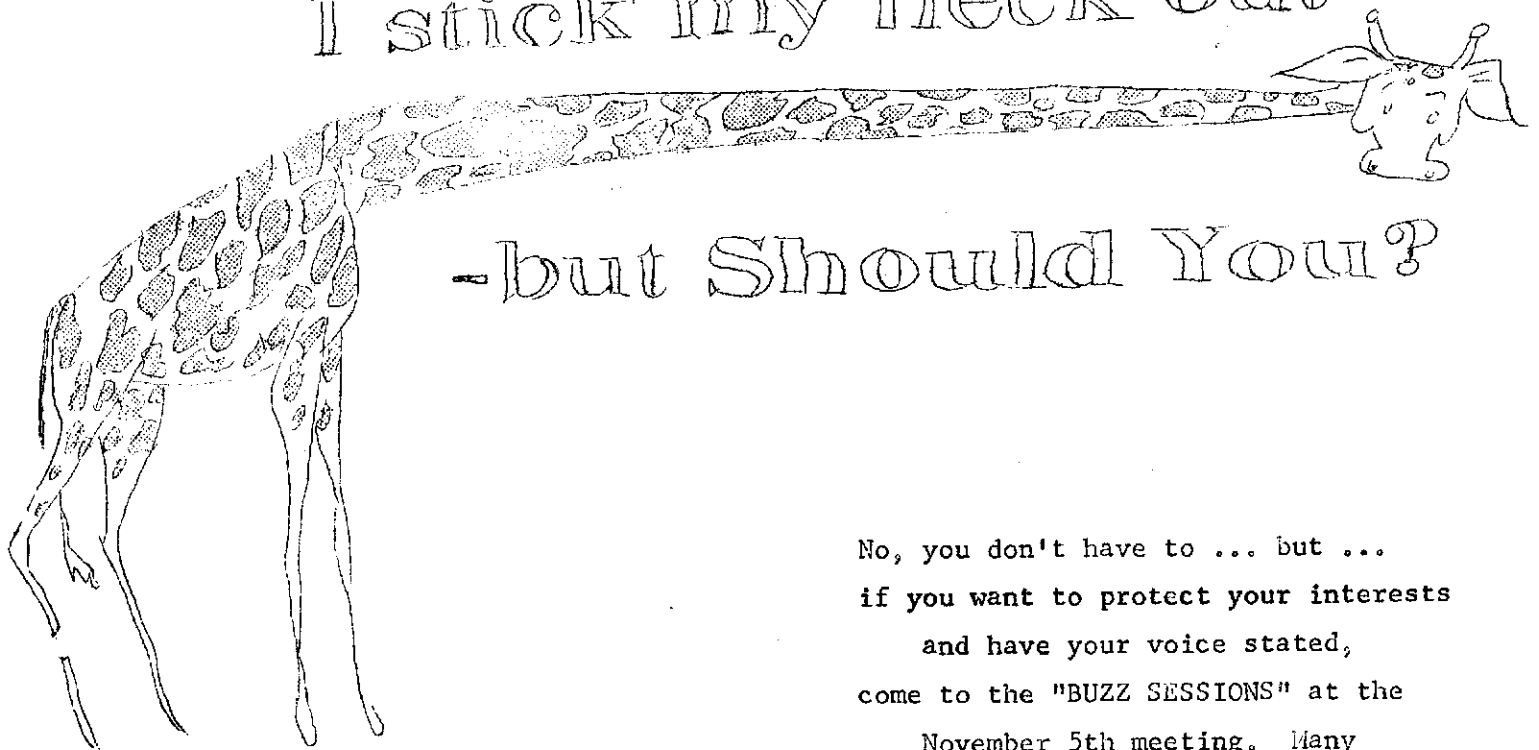
Sept. 3, 1970 - Mr. & Mrs. Leslie Fox were not present and did not win the \$5. Membership Door Prize

Mr. & Mrs. Carl Sorensen were present and won sirloin steaks, compliments of Central Market.

Nov. 5, 1970 - Membership Door Price will be \$6.00
Attendance Door Prize will be dinner for 2 at Mr. Kelly's restaurant.



I stick my neck out



-but Should You?

No, you don't have to ... but ...
if you want to protect your interests
and have your voice stated,
come to the "BUZZ SESSIONS" at the
November 5th meeting. Many
questions concerning GOARC and ENCOR
will be answered for you!!!

RUBELLA IMMUNIZATION

.....
Last month thirty volunteers took
a survey throughout Omaha to determine
if there was a need for mass immunization.
The results were that many children in
the 1 - 11 age bracket have not been immunized.
An epidemic of Rubella is expected in January.
GOARC is supporting the Health Department in
their immunization clinics which will be
held the week of November 9. These clinics
will be scattered throughout Omaha, so be
watching for one in your area.

Is there anyone who should not receive
the German measles vaccine? Yes,
patients who have a high fever, those
whose resistance to infection have been
lowered by radiation therapy; those
allergic to neomycin; and those allergic
to rabbits, ducks, or dogs. (The virus
is grown in body cells taken from these
animals.)

NEEDED - A FEW HOMES TO CREATE A "LIVE IN"

On two different occasions, Dr. Al O'Dell, Coordinator of the Mental Retardation Manpower Development, made trips across the state to visit the various MR facilities, once in a group of 10 to 15 people and once with his wife. On each occasion he was impressed with the ready kindness of parents and student groups who provided free housing and early morning breakfasts for them. Among those for whom housing has been provided are professional people involved directly or indirectly in MR, SWEAT students, and members of the Youth ARC. Dr. O'Dell would like us to reciprocate.

During training sessions at NPI, participants frequently will be traveling from a distance. If we were to provide housing, these guests could be saved the expense of a motel, friendships could be created, and a fruitful exchange of ideas could take place on a very informal basis.

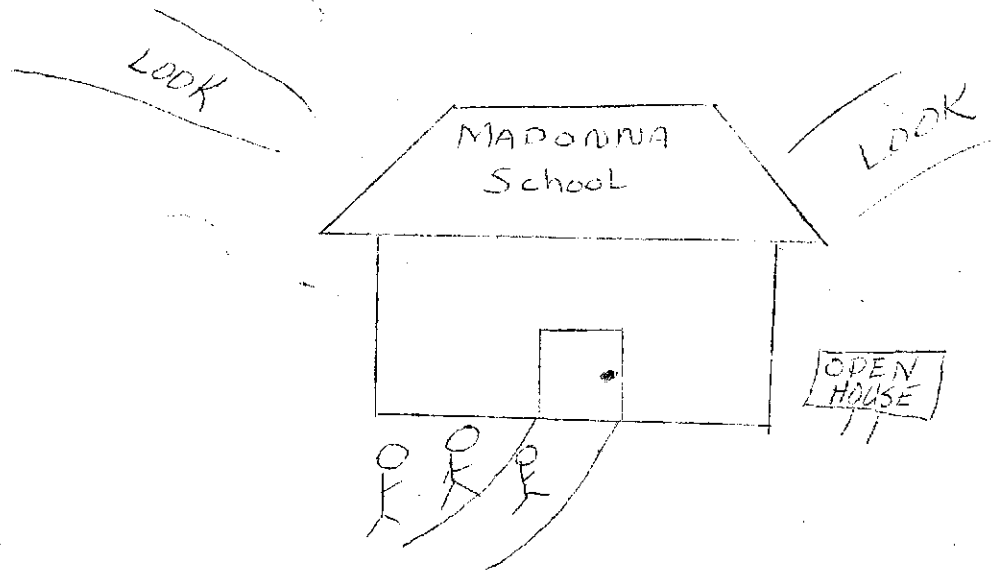
Dr. O'Dell is asking GOARC to create a file of parent volunteers who have available space for overnight or weekend visitors. In addition to being just good fun at times, this sort of "live in" should help bring us closer together in a mutual exchange of ideas and hopes about that which is of mutual interest to all of us.

If you would like to volunteer your home, please fill in the form below and mail to:

Judie Rasco
GOARC
608 Barker Building
Omaha, Nebraska 68102

I would like to volunteer my home.

NAME _____
ADDRESS _____
NUMBER OF PEOPLE I CAN ACCOMMODATE _____ MALE _____ FEMALE _____ BOTH _____
LENGTH OF TIME: ONE DAY _____ WEEKEND _____



Madonna School was spic and span and ready to show off its new facilities at 2537 North 62nd. Invitations were sent out to all who had been helping hands, and the students were busy making ready displays. Finally October 18th arrived!!

Guests were shown through the first floor classrooms, teacher's lounge, the beautiful chapel, library and administrative offices. The second floor boasted many activity rooms, more classrooms, and ideal room for sewing complete with machines, cupboards and a full length mirror. Downstairs was the complete kitchen and lunchroom. When Sandy's Escape sold out, the school was able to buy the chairs at a very reasonable price. As soon as a teacher is found, the shop class will be under way.

Anyone who had never seen the "old" Madonna School, just couldn't appreciate all the wonderful features. Of course, there are always a few kinks to iron out, such as how to regulate the heat!

It is a big task to move from such a small building into one that has a place for everything. But such a nice task!!!

A NEW TAX RULING AFFECTS THE HANDICAPPED

Word has just reached my office of a new federal tax ruling that I felt all parents should be aware of.

New legislation has just been effected to enable parents to deduct all school expenses for handicapped children receiving special education. These expenses may be deducted from federal income taxes as medical expenses.

The school can be a regular or special school with a program to compensate for or to overcome a physical or mental handicap. Expenses such as travel costs also may be deducted, in addition to school tuition and room and board, according to the Prentice-Hall Federal Taxes Report Bulletin Number 28.



Youth of GOARC Kept Busy

The bi-monthly trips to Beatrice have been showing rewards. The Advocacy Program has been sponsoring these trips, the last one being on October 6th.

The youth group had a ball making plans for Halloween. They took the children from the Hostel and the Developmental Center trick or treating and helped them make their costumes. The ENCOR Recreation Department helped with this project. The film series sponsored by GOARC is being attended by some of the GOYARC members.

MOST ENCOR FACILITIES FULL, BUT MORE ON THE WAY

The following is an up-to-date report on the ENCOR Division of Residential Services programs current and projected for the remainder of 1970.

Director: Mel Knowlton, 116 South 42nd Street, 558-1115

Hostels: Current

Mens - 5016 California, Phone 551-0265
Houseparents, Mr. and Mrs. Earl Hammer

This is a home for nine moderately to mildly retarded men age 17 through 43. Residents are in competitive employment or Douglas County Vocational Services Center.

Current status: full capacity

Women - 3816 Harney, Phone 346-3282
Houseparents, Mr. and Mrs. Neil Jouvenat

This is a home for nine moderately to mildly retarded women age 17 through 32. Residents are in competitive employment or at the Douglas County Vocational Services Center.

Current status: full capacity

Adolescents - 3718 Cuming, Phone 551-5091
Houseparents, Mr. and Mrs. Harry Franson

This is a home for six moderately to mildly retarded boys age 12 through 16. Residents are in Public School or the Douglas County Vocational Services Center.

Current status: full capacity

Children's - 4525 Hamilton, phone 551-5270
Houseparents, Mr. and Mrs. Charles Falkenroth

This is a home for six severely to moderately retarded children of both sexes - age range is 5 through 8. Children attend Public School, Madonna School and the Benson Developmental Center.

Current status: one over capacity

Adult Apartment - 115 North 50th Street, Apt. #4, phone 558-6290
Staff Associate, Miss Margo Fortune

This is an apartment for two young ladies both aged 19. They may be in competitive employment or at the Douglas County Vocational Services Center.

Current status: full capacity

Adult Apartment Cluster - 120 South 38th Ave., Apts. #24, 25, 26
phone 553-8846
Houseparents, Mr. and Mrs. Fred Gerber

One apartment is home for four young ladies age 19 through 28. One apartment is home for four young men age 19 through 27. All residents are in competitive employment or at the Douglas County Vocational Services Center.

Current status: full capacity

Approved:

Adult Room and Board - 4510 Chicago
Housemother: Mrs. Sylvia Warren

Provide room and board for six adults either in competitive employment or at the Douglas County Vocational Services Center. Will provide minimal supervision. Gain possession October first. Occupancy dependent on renovation time.

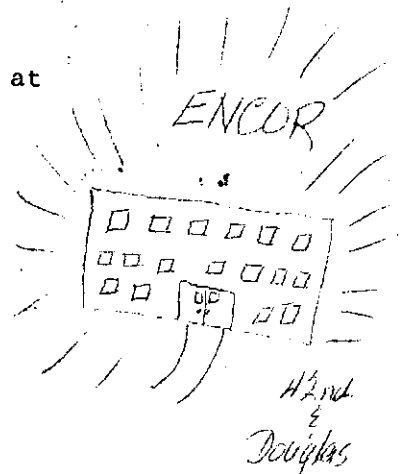
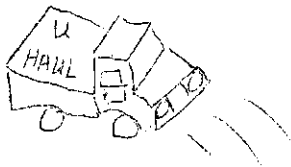
Crisis Assistance - 3645 Burt

Will provide short term emergency or vacation care from a few hours to one month for up to 12 individuals. All referrals must be ambulatory. Gain possession October 15th. Occupancy dependent on renovation time and hiring of staff.

Behavior Modification

To be built at 37th and Center. Will emphasize the shaping of basic habits for up to eight children. Occupancy dependent on construction and hiring of staff.

The ENCOR office has
moved to new quarters at
42nd and Douglas
558-1115





HELP!!!

JAYCEE HONEY SUNDAY '70, November 22nd, is almost here and we're still desperately in need of volunteers. If we are going to make this year's campaign a success and realize our goal of \$25,000, we must have YOUR support. We have everything you'll need -- badges, carrying cases, and, of course, HONEY! Now, we need YOU!!!

This year we are trying to recruit full teams (driver and four or five volunteers) for Honey Sunday and are hoping that youth and church groups will cooperate by making this event an official project. If you can't get together a team, let us know -- we'll find you one.

Help us to help the retarded -- sell and buy on Honey Sunday!

NAME _____

ADDRESS _____

PHONE _____

AREA YOU WISH TO WORK _____

TEAM _____

DRIVER _____

WORKER _____

All Omaha proceeds will benefit the Greater Omaha Association for Retarded Children and the Madonna School for Exceptional Children

608 Barker Building

Omaha Nebraska 68102

Telephone 346-6338

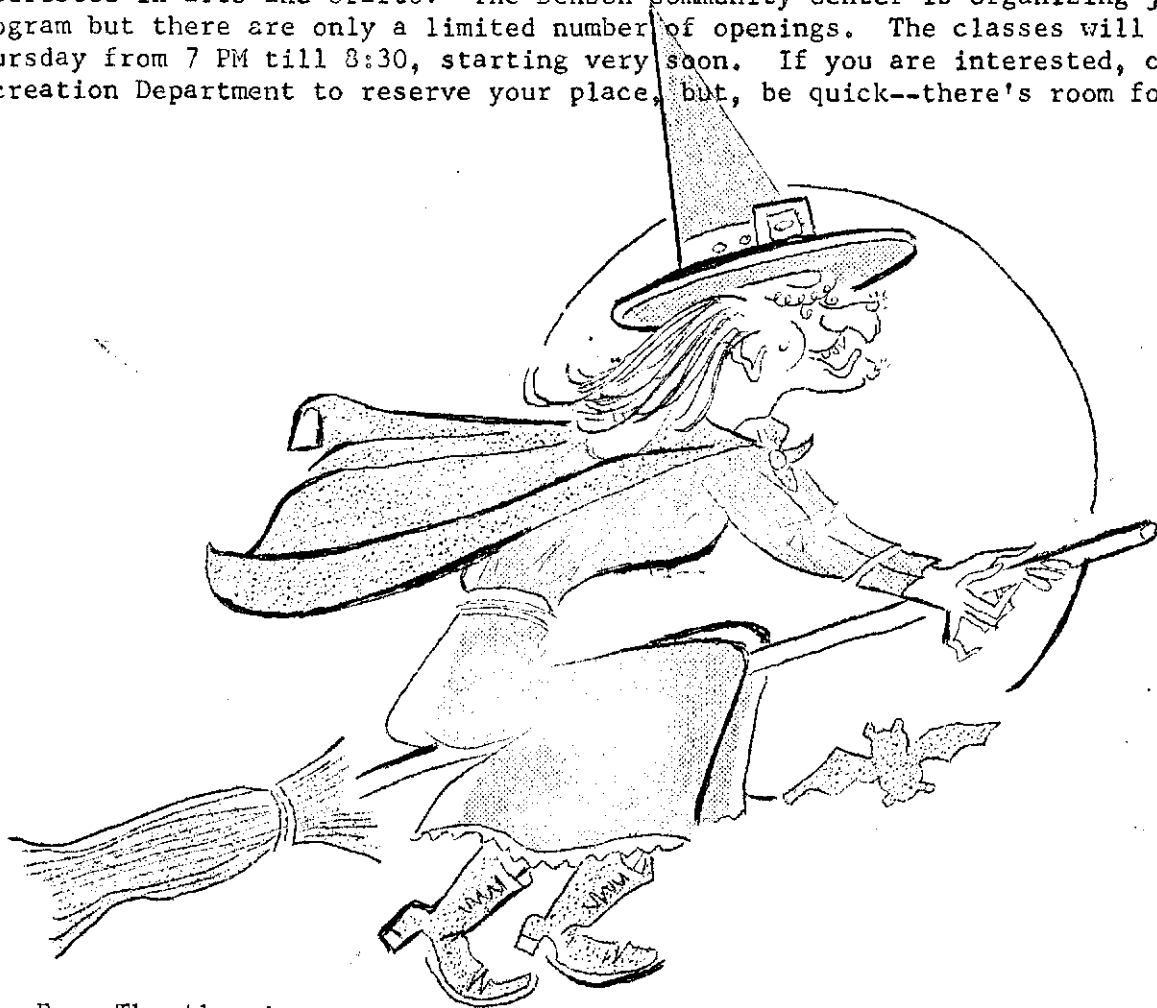
Recreation

-- by Tim Rogge

- VI -

The Recreation Department is moving from office to office, but due to their fantastic efforts, they're able to function in the face of the unfortunate odds. That Halloween party, to be held at the Hanscom Park Pavillion on October 31st, will begin at 7 PM and last till 9:30. It's a costume party so dig one up somewhere. Last year we noticed a definite shortage of merryandrews and galligaskin-clad gangrels, so let's try and make up for it this year. After all, there's a big secret first prize to the person under the ghouliest garb, so try your best to be ugly for this gemütlich get-together. (It's going to be ghoulish, man!)

Interested in arts and crafts! The Benson Community Center is organizing just such a program but there are only a limited number of openings. The classes will be held on Thursday from 7 PM till 8:30, starting very soon. If you are interested, call the Recreation Department to reserve your place, but, be quick--there's room for only 15!



More From The Alumni

At their last meeting the group decided to change their name to the "Friendship Club."

Due to nasty weather the boat ride on the "River Belle" was cancelled and a hayrack ride was substituted.

The Club made plans for a dance and pizza party for their next meeting. Another fun filled evening is planned at Ames Bowling Alley.

The group is looking forward to filling the toy box again this year for Christmas. Last year they bought a chest, painted and decorated it and used their money to buy toys. The toy chest was given to a ward at Children's Hospital.



ROSTER

NEW MEMBERS

Mr. & Mrs. Frank Belik	6018 So. 17th	733-5960
Maj. & Mrs. Tommy Harrison	2109 Victoria Ave., Bellevue	291-5637
Mr. James Johnson	713 So. 56th	551-1361
Dr. & Mrs. Al O'Dell	7102 South 86th	339-0392
Mr. & Mrs. Charles Schorr	10014 Rockbrook Road	393-1499
Mrs. Doris Tritsch	3913 South 25th	733-7108

RENEWED MEMBERS

Mrs. Henry Krasne	4816 Capitol	553-8070
Dr. Earl Morrison	UNO, Box 688	551-4581
Mr. & Mrs. Thomas Volborn	7718 Seward Street	391-2400

Please detach this sheet and include with the 1970-71 GOARC General Membership list.

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Swim-Square Dance 7-9 Christ Child	2 ELECTION DAY! Red Cross Swim YMCA West 5:30-6:30 Film Series V.S. C. 8:00	3 CHANCE Parents 7:30 V.S.C. Parents 7:30 Physical Fit- ness Benson Comm. 7-9	4 COARC General Meeting 42nd & Center Coffee 7:30 Meeting 8:00	5 6	7 Swim-Gym Christ Child Center 9-1 Bellevue Mrs. Jaycees Benefit 12:30
8 Swim-Square Dance	9 Red Cross Swim	10 Physical Fitness	11 ENCOR Govern- ing Board, 116 So. 42nd 7:30	12 Film Series V.S.C. 8:00	13 Swim-Gym CHAP Girl Scout Sub. Teen Club 3:30
14 GOARC Board of Directors 8:00 Swim-Square Dance	15 Red Cross Swim	16 Physical Fitness Madonna Parents 7:30	17 Dist. #66 Parent Arbor Heights Jr. High 7:30	18 20	19 Swim-Gym
21 CHAP Parents 7:30	22 24	23 25	24 26 HAPPY THANKSGIVING	25 27	26 Swim-Gym CHAP Girl Scout 3:30
27 31					

the GOARC

Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

Nonprofit Org.
U.S. Postage Paid
Omaha, Neb.
Permit No. 109

ADDRESS
CORRECTION
REQUESTED

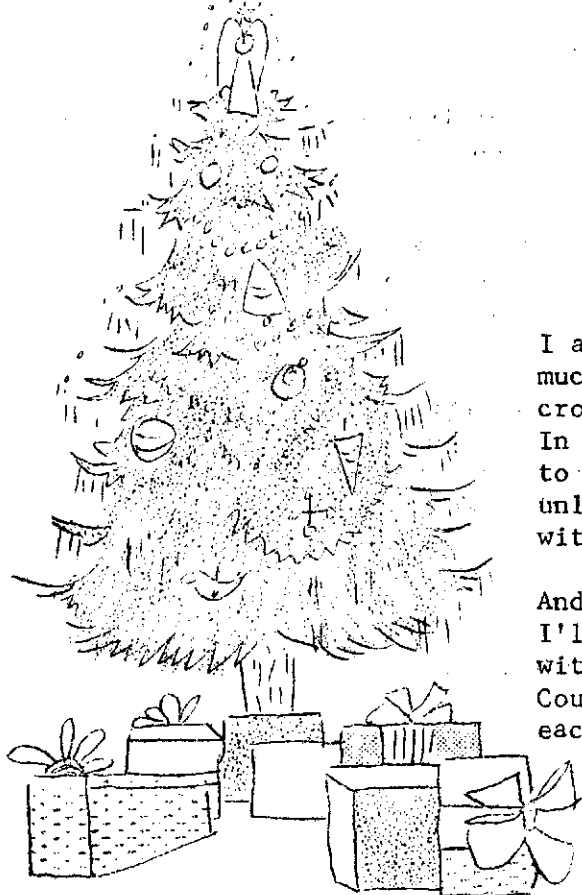
Miss Shirley Dean
4342 Sahler #107
Omaha, Nebraska 68104

Volume 3 Number 10

DECEMBER ISSUE

December 1970

(Published monthly by The Greater Omaha Association for Retarded Children)

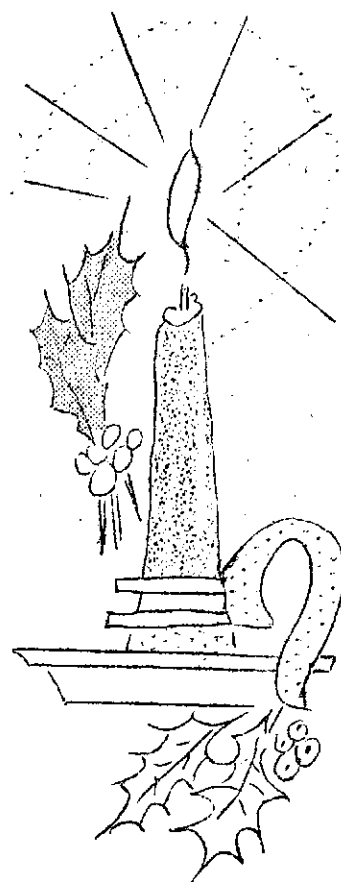


"EXCHANGING GIFTS"

I ask that you give me as
much time as your
crowded life permits.
In return I promise not
to take a moment more -
unless I steal it
with your kind permission.

And when I give myself
I'll try to do so openly
without restraint or inhibition.
Could God then fail to give
each of us His blessing?

Rod McKuen





Eat steak.

Mr. and Mrs. Joe Gaeta lost out on \$6.00 at the November meeting. At the January meeting the prize will be \$7.00.

Winning the "steak dinner for two" at Mr. Kelly's was Mr. James Loday. Names drawn were Mr. & Mrs. Raymond Bauman and Mrs. Michael Ford.

It pays to attend
the
GOARC meetings \$\$

MAYOR PRESENTS GOARC WITH CITATION

At the Mayor's Annual Awards Luncheon held October 28, at the Ranch Bowl, many awards were presented to organizations that have contributed their time and talents to the handicapped.

Judie Rasco accepted the award for GOARC. The organization was cited for its contribution toward the rubella survey. Mayor Eugene Leahy commented that the survey is a great step forward in eliminating one source of mental retardation and other multiple handicaps.

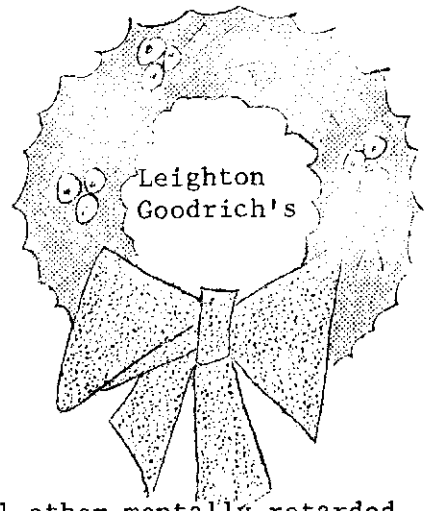
The Handicapped Worker of the Year award was given to John Bynum. John, whose story appeared in the October Gazette, lives at the men's hostel. John beamed with pride as Mayor Leahy read the amazing story of John's life. Adding to the excitement of all the lights and cameras, was the standing ovation given John by the audience. It was truly "John Bynum Day."

* * * *

There will be a CHAP Christmas Program on December 14th at 7:30, SAC Memorial Chapel, refreshments will be served after the program.

Our family of the month is the Leighton Goodriches whose every week and month begins and ends with love and care and service to mentally retarded children.

Leighton is President of GOARC. And this being the Thanksgiving and Christmas season, we can all be thankful that we have such a totally dedicated man to lead our organization.



Leighton and his wife Caroline have deeply committed themselves to helping not only their son Billy but all other mentally retarded children and others with different types of problems. Their commitment seems to be based on the age-old religious virtues of Faith, Hope and Charity. They have faith that God has a place for the mentally retarded, a place that really isn't so different from the one He has for "normal" members of His flock.

They have hope that more can be done to make life better for the mentally retarded and their families.

And through their charity, they have expressed their faith and hope.

Leighton sandwiches in his work at the Nebraska Inspection Bureau with his work at GOARC. When he has any spare time he enjoys bowling, golf, and yard work but feels they will have to wait until next year. Caroline is good competition for Leighton in any sport. He's got to be on guard at all times because Caroline is out to win.

Leighton and Caroline are very active in St. Timothy's Lutheran Church. Leighton serves as Lay Representative for the East District of the Lutheran Church of America. While Caroline is secretary of the Sunday School. She also is on the Parent Education Committee of GOARC. Bowling and golf are two of her outside interests. She says she is not too good at golf but sure does have fun!

They have a twelve year old son, Bill, who attends District 66. His teacher is Mrs. Betty Start. Bill enjoys games of any sort and especially baseball. One item on his Christmas list is a football. Bill attends Sunday School at Rockbrook Methodist Church where the GOARC Religious Nurture classes are held.

The Goodriches said they have no special Christmas traditions other than attending Christmas Eve services and then returning to open their gifts. For their first Christmas, Caroline, being of Swedish descent, decided to try their traditional Christmas dish, Lutefisk. After Leighton's comments on the fish dish, their future Christmas dinners did not include Lutefisk!

All families with retarded children have certain problems in common. But each family has some problems that are different from those of all other families. It's Leighton Goodrich's task, and GOARC's to know most, if not all, of these problems and try to do something to ease them. So, in a way, the Leighton Goodriches, the family of the month, represent all families with retarded children.

CHATTER FROM THE CHILDREN'S HOSTEL

October was another busy month for the Hostel on Hamilton Street. They attended two Halloween parties: The Tamisiea's party October 30th was a huge success and the ENCOR party was on the 31st. The Hostel walked away with prizes for the scariest and the most original costumes. The hand-made costumes were an array of devils, hippies, witches and even a pink pumpkin.

The children at the Hostel who don't swim on Saturdays got to go to the Petting Zoo.

Lou and Jackie took the children on a Sunday afternoon drive. They visited many of the parks in the Omaha area.

Sunday mornings are a little busier than usual. Five of the children are now attending Sunday School.

Saving money has been introduced to Joe, Carol and Doug. They have new "piggy banks" and earn 5¢ a day for cleaning their rooms and setting or clearing the dinner table.

Tidbits.....

Carol was sporting 6 stitches in her head. Joe has two new bottom teeth that will help him with 3 newly learned speech sounds.

VOCATIONAL SERVICES CENTER

Ten million, that's the number of pink foam rollers completed at our workshop since we first received the job one year ago. The staff is very proud of our clients; the people who made this staggering feat possible. We feel this deserves special attention since it took efficient work habits, a good overall attitude and most of all

ENCOR RECREATION

The young adult's swim program at Christ Child Center will terminate December 7, but will resume again in January. Notices will be sent out concerning this program.

Thursday bowling at Ames Bowling Lanes will continue through December. There will be an adult party at the Camelot Village - fliers will be sent out later.

The Saturday morning recreation for children will terminate November 28 but will continue in January.

-Parties-

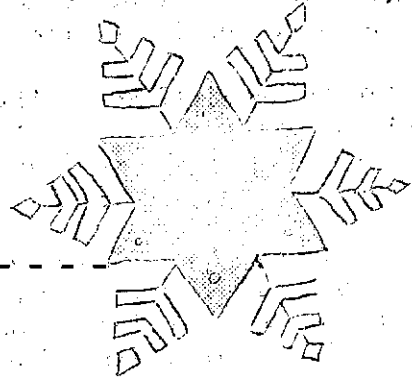
Children's Thanksgiving party
Hanscom Park Pavillion Nov. 21.

Teens Thanksgiving party
Christ Child Center Nov. 21.

Children's party Dec. 5 at
Hanscom Park Pavillion.

Teens Christmas party Dec. 19
Christ Child

Children's Christmas party
Dec. 21 Hanscom United Methodist
Church (Santa will be there).



stick-to-it-ivness. This is a benchmark for the Vocational Services Center. It shows in another small way how far our clients have come, and the direction they are going.

A welcome addition to the staff is John Mixan, a native Omahan, who will act as a trainer. John is a UNO graduate and is now attending grad school there in psychology.

PARENT REPS EVALUATE HOSTELS

Parent representatives from each hostel completed an unannounced evaluation of the different hostels during the latter part of October. Meetings were then held between these parents, house parents and Mr. Mel Knowlton, Director of Residential Services to iron out problems that were found. The parents are sure that it was beneficial to all.

The following is a list of the hostel parent representatives. Please keep this list as a reference. They are anxious to hear any comments concerning the hostels.

Mr. & Mrs. Lawrence Schomer 331-7406
Mr. & Mrs. Levell Wynne 558-8896
Mr. & Mrs. Raymond Serafini 391-8753
Mr. & Mrs. Joseph Schultz 553-7468
Dr. & Mrs. Paul Tamisiea 333-7164

- - - -

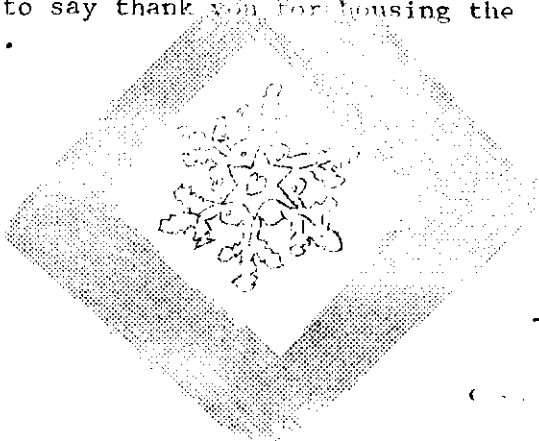
CHANCE HAPPENINGS

The parents of CHANCE students are buying and installing window shades for the school by selling oven mitts (2 to a pkg. for \$1.25) and auto kits (\$1.25). There is still time to buy a few for stocking stuffers.

December 16th the parents and staff of the school will have a meeting and Christmas party. The children's party will be held December 18.

The mother's meet every Tuesday morning at 10 a.m.

The Bethel A M E Church will be given a plaque on November 25 by the parent's group to say thank you for housing the school.



MADONNA SCHOOL

During the holidays, many organizations offer their services to Madonna School. Recently the Clipped Wings, Omaha U. home economics, parents of the children and many others donated baked goods for the very successful bake sale held at the Crossroads. Over \$500 was received.

Gamma Epsilon chapter of Beta Sigma Phi again assisted the students in gathering food for the Thanksgiving baskets and delivering them to six needy families.

Santa Claus will be coming to the children's Christmas party on December 18. Gamma Epsilon will provide the refreshments while the children are exchanging gifts.

Don't forget the parent's meeting December 16!

- - - -

SOUTH OMAHA DEVELOPMENTAL CENTER

Staff news...

A new staff member is Patty Graham, assistant teacher in the non-ambulatory class.

Linda Babcock is working as a temporary teacher in the same class. The teachers are visiting the TMH classes at Edward Rosewater, Field Club, and Pleasant Hill schools. Louise Mulchey and Flora Bradshaw, two of the teaching staff, attended the in-service training at Lincoln.

Ivy Allards class project is learning new colors. They will work on blue until Thanksgiving vacation. Ivy also has a new cabinet in her room to hold educational equipment.

The children welcomed four new students to their classes. Shirley Smith and Judy Cox are in the non-ambulatory class and Joe Lewis and Christine Jochum are students of Mrs. Allard.

South Omaha Dev. Center (cont)

The Clipped Wings treated the children to a very successful Halloween party. What would we all do without the help of these great organizations? ?

A donation of \$135 was received from the Hillcrest Econ-O-Wash.



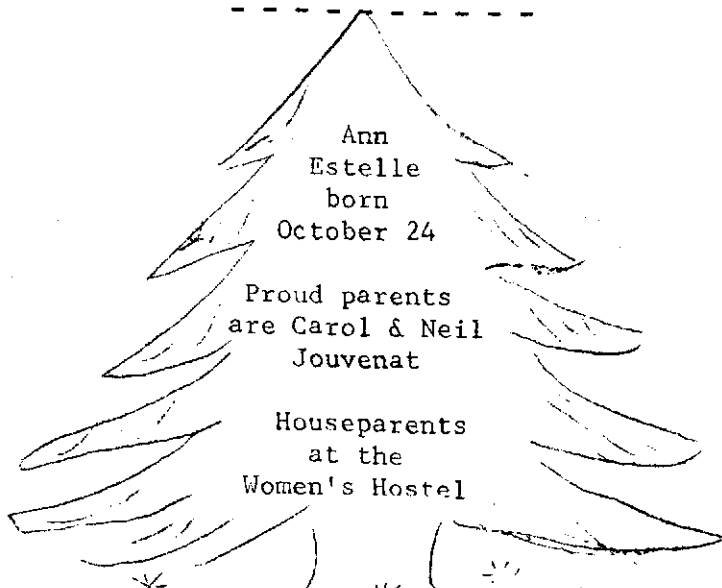
RESOLUTION ADOPTED UNANIMOUSLY BY THE NARC
CONVENTION, SUBMITTED BY THE NEBR. ASSOC.

Inasmuch as the normalization of the retarded and their assimilation into society as persons and citizens is dependent upon voices raised in their behalf; and

Whereas, this normalization and assimilation is dependent upon an informed, concerned and aroused public, therefore

BE IT RESOLVED, that the 1970 Convention of the National Association for Retarded Children recognize and express it's appreciation and gratitude to Dr. Wolf Wolfensberger for his untiring commitment of time, energy, and thought to the purpose that the retarded can, must, and will be helped.

Pennies for
Research
netted
\$35.78.



Merry Christmas:
and a
VERY
Happy New Year
to you
and all the
children!!



MEN'S HOSTEL

Everyone at the hostel is bursting with pride for the honor bestowed on John Bynum. John received a plaque designating him the Handicapped Worker of the Year.

Michael Jordan is a new resident. Michael, Terry Barker and Ronald Schultz are the only three from the hostel still working at the Vocational Workshop. John Barnhouse is employed at Lozier Mfg.

The Marine Reserve Unit moved the playground equipment from the backyard to Project CHANCE.

The hostel has had visitors from all over the United States and Canada... Indiana, California, Oregon and many more. The houseparents were really kept busy.

Lots of fun things have been going on at the hostel. A joint birthday party was held for Mr. Hammer, houseparent; Bob Fox, Charles Traster, and Larry Godfried, a counselor at the house. On November 14, seven of the young men enjoyed the Magic Show at the College of St. Mary's.

WOMEN'S HOSTEL

Laura Robinson, Carol Tritsch, and Dorothy Brown are getting into the routine of being residents of the hostel.

Just as soon as the remodeling of the basement is completed, the date for the Christmas party will be announced.

FRIENDSHIP CLUB

Everyone had a swinging time at the dance and pizza party held October 15th at Dewey Park. Transportation was provided by Jackie Alder, Tim Rogge, Don Moray, Kathy Emery and Bill Barth.

The meeting of the 22nd was held at the home of Dale Smith. Future plans include a trip to Boys Town, and an evening at the Astro to see "Airport".

The sounds coming from the shop on Thursday evenings will be Christmas Carols. The club will be practicing very hard between now and the big day.

Dale Smith attended the last GOARC meeting and found the "buzz session" very interesting.

SARPY COUNTY

The December meeting of the Parents Association will be held November 30 at the home of Mr. and Mrs. Louis Frobuccino, 7404 Ava Court, LaVista at 7:30 p.m. New items for the Center and the Christmas program will be discussed.

With the addition of a new student, the enrollment now stands at eleven. The children have been busy fingerpainting ...maybe a little messy but oh what fun! They decorated the school with their paintings for Halloween.

"MY RETARDED SON IS 21 TODAY"

(Reprinted from the True Voice) by Dale Francis

On the day I write this my son is 21. It is hard to realize, time has passed so quickly. Guy is 21. It is strange; now I find I do not have some of the worries and fears other fathers have - no need to worry about my son in Vietnam or hiding out in Canada, no need to worry about my son going on drugs or copping out on society. Guy is retarded.

Childless, we went to St. Anne de Beaupre, asked for a son, promised him to God. God granted us our wish and took us up on our offer. I've heard of parents who when they discovered they had a retarded child found it a traumatic experience. We were spared this. Guy was our son and somehow acceptance of the fact he was brain-injured came easily.

Oh, I don't mean there was no heartache. Sometimes, when you saw the signs of brilliance there might have been if illness had not intervened, you felt a tear. To know your son will in some ways always be a child is a sorrow - and yet in another way there is a comfort in it, too. He will never commit a sin, there is no way he can separate himself from God, there is comfort in that.

And then Guy was born with a kind of natural happiness that has made him a joy. Maybe we've given it to him, maybe he had it naturally, but he has never shown any sense of inferiority.

There has been no shyness about him. Put him with a group of six boys, the others all normal, and you will soon discover he is running things. Once when he was nine he disappeared in a hospital in Houston. Then I saw two nurses and doctor coming around a corner, playing train and I knew who the caboose would be.

For the first 11 years of his life he was at home. But then once, at the urging of a Sister, we placed him in a summer school for retarded and we saw immediately this was where he was happiest. Outside he was forced into competition with those who were stronger, faster, quicker of mind. As he grew older he couldn't play with them in the same way other boys could. In a special school with children handicapped as he was he found a new ease, a new happiness.

The last few years he has been with the Brothers of Good Shepherds at Good Shepherd Manor in Wakefield, O. I write to him almost every day, we visit him, he comes home for the holidays. He never forgets that where we are is home, where he is is school; but a week at home and he is already asking about the boys at his school, happy to have been home but happy to return.

When he was very young the doctor told us he might live to be seven or eight, his heart was malformed. When he was five he had a heart attack and the doctor said he might only live a year or two. When he was 12 he was ill again and it seemed he could not live. And now he is 21, tall, thin, a smiling young man who still looks like a boy.

My son is 21 and I thank God for him, and if God gives you the joyful burden of a retarded child, thank God for him, too. If your child can never be president, he can be happy, and loving him and accepting his love, can bring great joy into your life.

It's

a

good group!

*Have you
noticed the warm,
friendly atmosphere?*

YOU BET GOARC IS!!

The meeting, November 5, was the greatest! The 108 members present really created enthusiasm for the organization. In fact, no one wanted to leave...they literally had to be pushed out the doors, so the janitor could lock up. If this continues, GOARC will know no limits!

Bob Clark told the group that they musn't give up hope because of the election. We lost a good friend in Governor Tiemann but we gained a few new ones too. Clark along with the Nebraska ARC plansto meet with Mr. Exon before he takes office to orient him with our program. Get acquainted coffees are being planned to meet the State Senators, so if you are called, please plan to attend. According to Bob we will forge ahead because the momentum is high. But we will need the support and help of you.

The "buzz sessions" were quite a success. The parents spoke out on what services were needed for their children and what services they could use as a family. Here are just a few of the suggestions: transportation to and from activities, more speech therapy in all services, educate the doctors on all ENCOR facilities, more hostels, more communication between ENCOR and the public schools, and the Crisis Assistance program.



Dear Members:

President Woodrow Wilson once stated, "The highest and best form of efficiency is the spontaneous cooperation of a free people". This thought could well describe the parent movement throughout our nation, which is known as the Association for Retarded Children.

The Greater Omaha Association can testify to the accuracy of this statement as it reviews what has been accomplished in Douglas County these last few years. It is imperative that this cooperation continues as our Douglas County Plan has only begun, and there are still many programs and services to be established.

"Communication" becomes a key word in the successful implementation of a plan and we must fully understand what this key word means. It must be a "give and take" situation. We, the members of GOARC, communicate when we read the various materials mailed to us from our association's administrative offices. The degree to which we assimilate this information is the measure of our "take". The "give" may be our active involvement within the association, or our participation in the various programs provided.

It was most gratifying to witness over 100 members directly contributing to our planning as they voiced their opinions at the November 5 General Membership meeting. It is this kind of support and communication that will "give" to the retarded their rightful chance in society.

Sincerely,

Leighton L. Goodrich, President
The Greater Omaha Association
for Retarded Children



If you want to go after
big game....

what's bigger
than the

Nobel Prize Winner
in Medicine!

"Julie, I hear you won the Nobel Prize." With that greeting from his dentist, Dr. Julius Axelrod, 58, Chief of the Pharmacology Section at the National Institute of Mental Health, heard that he had won the coveted prize for medicine.

The prize was awarded jointly to Axelrod, Bernard Katz of London and Ulf von Euler of Stockholm.

Dr. Axelrod said the work he is engaged in may help discover the cause of schizophrenia. It also may help provide new understanding of the working of the brain in various types of mental illness, in sleep and in normal and abnormal behavior. As to the possibility that the research of the three Nobel Prize winners might help find the cause of schizophrenia, Axelrod said many scientists believe the disease is due to some "biochemical fault" in the brain.

One interesting fact on Dr. Axelrod...he never attended a medical school because he could not afford it and was denied admission because of quotas on Jewish students in those days.

A letter from Dr. Julius Axelrod to the Editor appears on the following page.

Mrs. Jan Novicki
Editor, GOARC Gazette
9635 Sprague Street
Omaha, Nebraska

Dear Mrs. Novicki:

Thank you for your congratulations. The following information is in answer to your request for a letter for the GOARC Gazette.

My work has been concerned with the biochemistry of the sympathetic nervous system. The sympathetic nervous system is involved in behavior, cardiovascular functions and the rapid utilization of energy. As a result of our research we have learned how drugs, which affect behavior and are therapeutically useful in certain mental illness, exert these actions. Fundamental research of this kind will give us a better understanding of mental disease and its treatment.

I send my best wishes to you and the members of the Greater Omaha Association for Retarded Children.

Sincerely,

Dr. Julius Axelrod
National Institute of
Mental Health
Bethesda, Maryland



YOUR ANSWER PLEASE, DOCTOR

Editor's note: We hope to bring you this question and answer column in each issue. If you have questions that you would like Dr. Wolf Wolfensberger to answer, please send them to:

Dr. Wolf Wolfensberger
Nebraska Psychiatric Institute
602 North 44th Ave.
Omaha, Nebraska 68105

Question: What is the relationship between German Measles (rubella) and mental retardation.

Answer: Approximately one half of the infants born to mothers who had German measles (also called 3-day measles) during the first weeks of pregnancy are malformed or become mentally retarded. In the past, about the only means of preventing women from having measles during pregnancy was to expose girls to the disease at an early age. Having measles then is not dangerous and will give immunity so that the girl will not have rubella during adulthood when she might be pregnant.

Recently, the virus which causes rubella has been identified, and an immunizing vaccine has been developed. Mass immunizations are being conducted on the elementary and junior high school levels to reduce both the occurrence of the disease as well as the number of potential disease carriers, and thereby making it less likely that pregnant women will be exposed to it.

In addition, other methods have been developed to protect women of childbearing age who have not acquired immunity against rubella. A simple blood test can now detect whether a woman is immune to rubella or whether she can be infected by the disease. Also, there are several new methods capable of detecting damage to the unborn child.

Studies have shown that rubella comes in cycles, reaching a peak approximately every seventh year, and one such peak is expected to occur in 1971. During the last peak year (1964) 20,000 affected children were born with birth defects, and miscarriages or stillbirths claimed an additional 30,000. The toll may be even higher this time. In order to prevent another tragedy of such proportion, it is essential that the following steps be taken immediately:

1. All children between the ages of 1 and 12 years should be immunized against rubella, either through the public school's mass immunization program, or by the family physician.
2. All women of child-bearing age who have not had rubella, or who do not know whether or not they have had it, should immediately consult with their physicians, who may suggest one or more of the protective measures now available. Of greatest importance is that the matter is brought to the attention of a physician, and that women do not seek immunization independently. It would be extremely

YOUR ANSWER PLEASE, DOCTOR (cont)

dangerous for a woman to become pregnant **within four months** after **receiving the vaccine**, or to be pregnant at the time of the immunization, and a physician is in a position to suggest the best and safest protective or preventive measure available.

If all these measures are taken, rubella may eventually be eradicated as a cause of mental retardation and birth defects, much as appears to be the case with red (or 7-day) measles.

SWEAT PRESENTATION

On Tuesday, December 29, at 7:30 p.m., former students of the Nebraska Summer Work Experience and Training (SWEAT) program in mental retardation will make a presentation intended to familiarize professionals, parents and the public with SWEAT, and to encourage prospective SWEAT students to apply. The presentation will take place in the auditorium of the Nebraska Psychiatric Institute, 602 North 44th Ave., Omaha.

The SWEAT program takes place annually, for 8-10 weeks during the summer, and it exposes young people at an impressionable and sensitive period in their lives to the problem of mental retardation, encouraging them to make career choices in the field. The experience includes lectures and discussions; tours of facilities and services for the mentally retarded throughout the state; exposure to films, reading assignments, and supper seminars with professional and civic leaders in the field; and work assignments in three distinct types of programs which serve the retarded. Each student receives a tax-exempt stipend.

Since the program began in 1966, many students have continued their interest in the area, and a large proportion have entered the field. Eight of the SWEAT graduates have been helped to continue the SWEAT experience by spending 2 to 12 months working in services for the mentally retarded in England, Germany, Denmark, and Sweden.

The presentation is being sponsored by the Mental Retardation Manpower Development Station at the Nebraska Psychiatric Institute, and the Omaha Youth Association for Retarded Children. Among the features of the program will be a slide presentation by some of the students who have worked abroad, and a discussion of a follow-up study of the program. Interested students, parents, citizens and professionals are invited to attend.

THIS COULD BE YOU!!

Keep in mind that at our January 7, 1971, GENERAL MEMBERSHIP MEETING the Attendance Door Prize will be a \$10.00 gift certificate donated by the exquisite French restaurant "Les Versailles", 6311 Center

and

the Membership Door Prize will be \$7.00.



"REFLECTION ON NOVEMBER 3RD"

Over the past few years, many members of GOARC have become very concerned with securing public support for programs on behalf of retarded citizens. We have become very active in working with elected officials, on the state and local level in this effort. In this process, we have made many friends among our elected officials; and, therefore, we all had a great deal of interest in the November 3rd general elections.

As always seems to be the case, there were some candidates for office on November 3rd -- with whom many of us have had the chance to become acquainted -- who were not successful in their election, or re-election campaigns. It is always difficult to lose a "friend" in an election contest; but, remember that four years ago there were few, if any, elected officials who had any real knowledge, or had expressed concern regarding our mentally retarded citizens. We were able to gain support among our elected officials by telling our story as effectively as we knew how! With many new, elected officials -- at the state and local level -- we must tell them our story -- as well as maintain good contact and relationships with our "old friends".



We have been given reason to be encouraged by the expressed attitude toward the mentally retarded and other handicapped individuals -- of our new Governor-elect, J.J. Exon. Several of Douglas County's new senators are known to be very interested in the problems of retarded individuals! It is with a sense of regret that we see some of our "old friends" leaving office. But, it is with a sense of anticipation and challenge that all of us must approach those newly-elected officials upon whom we must depend for additional, necessary state and local government support for the further expansion and improvement of the community services movement on behalf of retarded and multiply handicapped individuals!

I urge each and every one of you to turn your attention -- in a very positive sense -- toward the challenge that lies ahead. Make an attempt to become acquainted with your state senator; write our Governor-Elect about your concerns for state support of community programs, as well as Beatrice State Home; write or call members of your school board and express your concern for the further expansion and improvement of Special Education programs, on behalf of handicapped youngsters!

Finally, only by maintaining an active and strong NebARC and GOARC through member involvement, will we continue to witness an expansion and an improvement of the community programs which we have all had a hand in developing over the last several years. What the future will "hold in store" for the mentally retarded will depend in great part upon the efforts we make in the next several months.

Bob Clark
Executive Director

D E C E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		So. Omaha 1 Developmental Center Parents ENCOR Advisory Comm. 7:30 Fremont	2	Bowling, 3 Ames Plaza	Film Series 4 8:00, Workshop	No Swim-Gym 5 month of Dec.
6	Beatrice Parents Swim-Square Dance	Sarpy ARC 8 Study Comm, 7:30, FNB, Bellevue Tamisiea Parent Discussion Group	9	Bowling 10 ENCOR Board Mtg. 7:30, ENCOR Film Series, 8:00, Workshop	11	12
13	GOYARC General Membership, 7:30 NPI No Swim-Square Dance	14	15	Keyes Coffee 16 Madonna Parents 7:30 CHANCE Parents Mtg. and party	17	Madonna X-mas 18 party CHANCE X-mas party
20	Childrens 21 X-mas party at Hanscom Church	22	23	Bowling 24		26
27	28	SWEAT 29 Presentation 7:30, NPI	30			

GOARC Board Mtg. will be announced later

ROSTER

NEW MEMBERS

Miss Linda Babcock	138 No. 38th	556-5695
Mrs. Grace Miller	7077 Seward	553-2949
Mr. & Mrs. Ray Southern	3622 So 121st	333-6574
Mr. & Mrs. Orville Thomsen	11505 Oak St.	333-3643
Mr. & Mrs. Dwight Trumble	Rt. #1, Box 24, Springfield	253-2729

RENEWED MEMBERS

Capt. & Mrs. Wm. Little	3106 Jackson, Bellevue	291-3242
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Please detach and add to General Membership Roster.