

CLINICAL PROGRAM THERAPIST 1

KIND OF WORK

Professional entry-level specialized therapy work providing direct clinical services and conducting individual/group therapy and psychoeducational services to offenders/clients in secured facilities within the following types of programs: chemical dependency, sex offender and mental health.

NATURE AND PURPOSE

Under general supervision, an employee in this class advances the agency's mission to develop and support therapeutic services and programs in secured facilities. An employee in this class will be assigned substantial duties in each of the following content areas: individual/group therapy, psychoeducational, assessment/evaluation, documentation, security responsibilities, oral and written reports.

An employee in this class performs routine work with relative independence but leadwork and supervisory assistance is provided. Proposes solutions, offers suggestions for improvement of methods, policies, procedures, etc. Performs therapeutic responsibilities in accordance with prescribed guidelines as determined by program administration. Applies specialized knowledge of standards of practice, theory and technique consistent with program guidelines. Performs related work as required

The employee works under the direct supervision of a Psychologist Supervisor or Corrections Supervisor; leadwork direction will be provided from Clinical Program Therapists 2, 3 & 4.

EXAMPLES OF WORK (A position may not include all the work examples given, nor does the list include all that may be assigned.)

Assesses/evaluates offenders/clients to determine their initial amenability to treatment and assist in assigning offenders/clients to therapeutic programming so that new program admissions are screened, oriented and assigned to appropriate programming. This is accomplished by administering assessment/evaluation instruments, reviewing case histories, observing and interviewing offenders/clients.

Conducts individual/group therapy and counseling in chemical dependency, sex offender, mental health, antisocial behavior patterns, psychological/psychiatric problems or problems with compulsive/addictive behaviors, so that offenders/clients are provided opportunity to gain insight and change problematic behavior. This is accomplished by facilitating group counseling sessions, confronting anti-social behaviors, applying a full range of treatment techniques.

Conducts chemical dependency, sex offender and mental health educational programming so that information is essential to facilitate therapeutic change. This is accomplished by reviewing program objectives.

Monitors, measures and reports information derived from observing and testing offenders/clients so that treatment, education, leisure time and security issues will be documented. This is accomplished by writing progress reports and/or oral presentations on assigned case load.

Implements facility security. This is accomplished by being alert at all times and report or intervene immediately in any behavior or activity which could affect the collective responsibility to protect the public, maintain security and/or control of the institution or provide for the safety of staff and residents

KNOWLEDGE, SKILLS AND ABILITIES REQUIRED

Knowledge of:

Applied treatment and educational techniques for antisocial behavioral patterns, psychological/psychiatric problems, educational/vocational deficits and interpersonal relationship problems, sufficient to treat compulsive and addictive problems and for sexually assaultive behavior.

Correctional philosophy, including security procedures, security equipment and treatment in a secured facility.

Skill in:

Oral and written communication and presentation sufficient to document individual responses to treatment techniques and program progress.

Reading comprehension.

Problem-solving

Observation, analysis and behavioral intervention.

Identifying and responding to security-related concerns.

Ability to:

Exercise sound judgment and to develop physical and verbal skills sufficient to control and direct offenders/clients.

Apply treatment techniques for compulsive and addictive problems and sexually assaultive behavior.

Use behavioral measurement techniques and apparatus.

Communicate orally and to prepare clear concise reports.

Implement correctional philosophy, including security procedures, security equipment and treatment in a secured facility.

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T.C.: 9/2011
Former Title(s):
Corrections Program Therapist I