



# State Capitol Walk/Bike and Health Fair Event

Wednesday, May 18, 2016  
10 a.m. to 1 p.m.

## AGENDA



Please visit [www.mn.gov/Work-Well](http://www.mn.gov/Work-Well) to register.  
All walkers and bikers must be registered to participate.

10 a.m.

Walk begins

- Walk begins at 10 a.m. and ends at 1 p.m.
- Walk the Capitol Mall - Follow the orange cones!

11:45 a.m.

Meet for bike ride

12 p.m.

Bike ride begins

- Bike ride begins at 12 p.m. and will last approximately 40-50 minutes
- Ride starts at MnDOT and Lafayette Park

### Please welcome:

Metro Transit  
Run @ Work Day  
MnDOT Rideshare  
Department of Agriculture  
Minnesota Pollution Control Agency  
Go Minnesota  
Minnesota Historical Society

### Featuring:

Reynaldo Moreno  
  
Zumba at noon with Jackie Klein  
  
Food trucks

All State of Minnesota employees are encouraged to take their personal break time to participate in the 2016 State Capitol Walk/Bike Event. This event is hosted by a committee of employees from state agencies.